



# Electronic Medical Records

## Update

### *San Francisco ISACA Chapter*

Tuesday, October 16, 2012



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# Agenda

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- Industry Challenges – Trends in Security and Privacy
- Update on Meaningful Use (MU), Health Insurance Portability and Accountability Act (HIPAA), and Health Information Technology for Economic and Clinical Health Act (HITECH)
- Security and Privacy Requirements
- Electronic Health Record (EHR) Technology Certification
- Security Risk Analysis Approach and Methodology/Audit Considerations
- Case Studies
- Related Hot Topics

A close-up photograph of a doctor's hand holding a blue stethoscope. The doctor is wearing a white lab coat and a blue stethoscope. The background is blurred, showing the doctor's face and upper body. The text "Industry Challenges – Trends in Security and Privacy" is overlaid in green on the right side of the image.

**Industry Challenges –  
Trends in Security and Privacy**

# Data breaches are top concern among executives

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- Per a recent Gartner research brief, Data Breaches are the #1 issue out of their Top 5 issues for 2011 – 2012. Some key points include:
  - “Whether or not you are legally required — notifying about breaches has become a good practice. Do not assume that you can hide the incident..”
  - “Compartmentalize personal information, restrict access, **encrypt data when transmitting it across public networks, encrypt data on portable devices, and encrypt data in storage to protect it from users who have been given too much privilege**, from rogue administrators and from hackers.”
  - “Document how you protected personal information, and have this documentation ready in case of a breach..”

Source: “*Top 5 Issues and Research Agenda 2011 – 2012: The Privacy Officer*”, Gartner, 14 June 2011

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*“On average, it is estimated that data breaches cost benchmarked healthcare organizations \$2,243,700.” \**

*\*Ponemon Institute LLC, Second Annual Benchmark Study on Patient Privacy & Data Security, December 2011*

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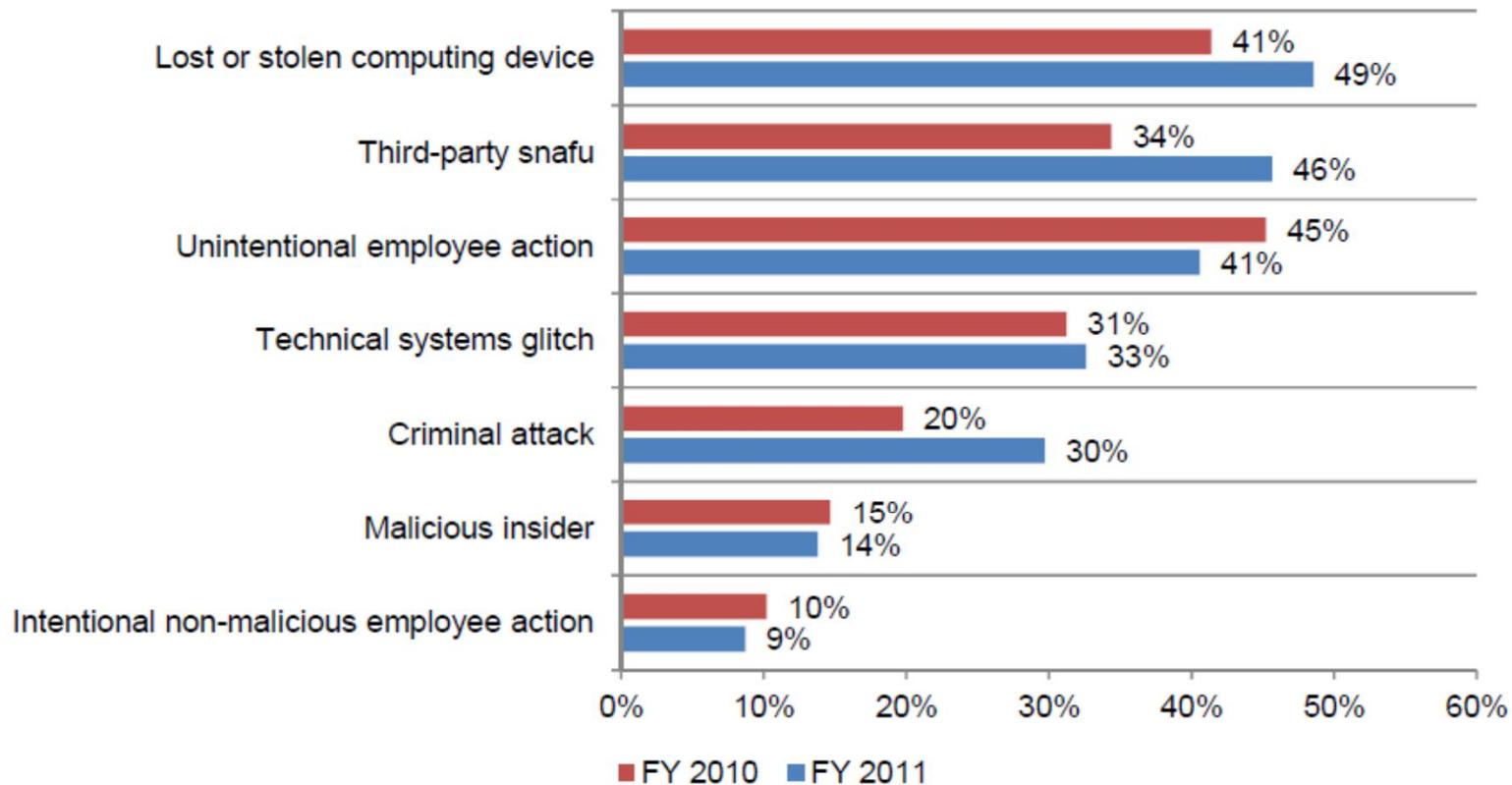
*“...the number of data breaches among healthcare organizations participating in the 2010 and 2011 studies is still growing—eroding patient privacy and contributing to medical identity theft.”*

*\*Ponemon Institute LLC, Second Annual Benchmark Study on Patient Privacy & Data Security, December 2011*

# The top 5 reasons underlying data breaches

**Bar Chart 2: Nature or root causes of the data breach incident**

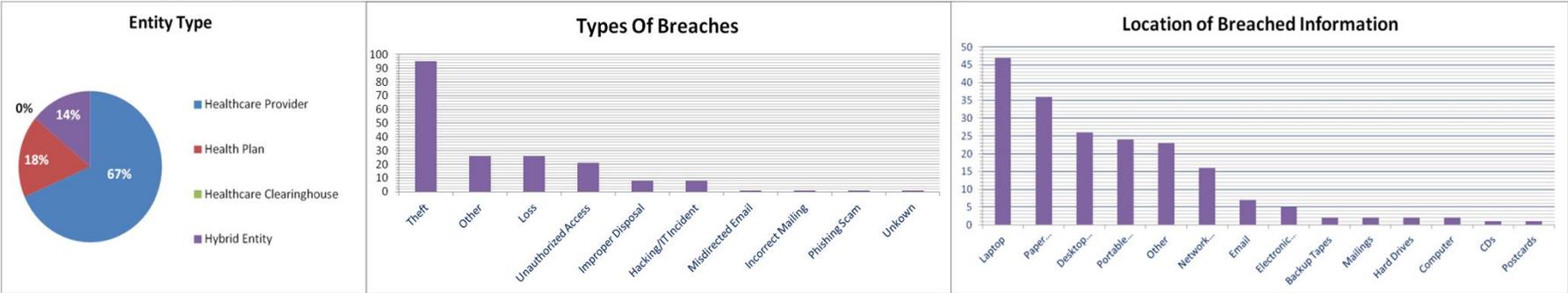
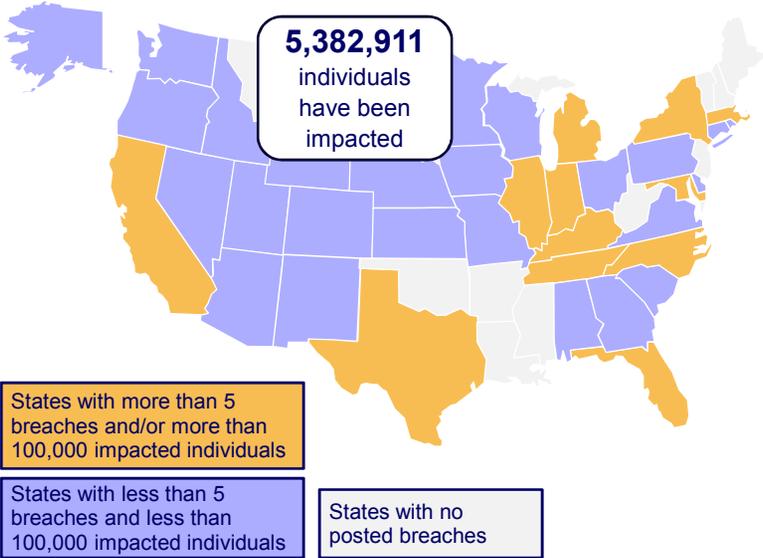
More than one choice permitted



*\*Ponemon Institute LLC, Second Annual Benchmark Study on Patient Privacy & Data Security, December 2011*

# Industry trends: data breach perspective

- The number of individuals impacted by breaches reported to the Department of Health and Human Services (HHS) is steadily increasing. According to the HHS Website for Breaches Affecting 500 or More Individuals, **165 data breaches of unsecured PHI in 39 states** have been reported **between September 2009 and September 2010\***
- **Business associates were involved in 19%** of the reported breaches
- **Theft (58%)** and **Loss(16%)** were the two major causes of breaches involving unsecured PHI
- Breached information was stored in **laptops (28%)**, **paper records (22%)**, **desktop computers (16%)** and **portable devices (15%)**

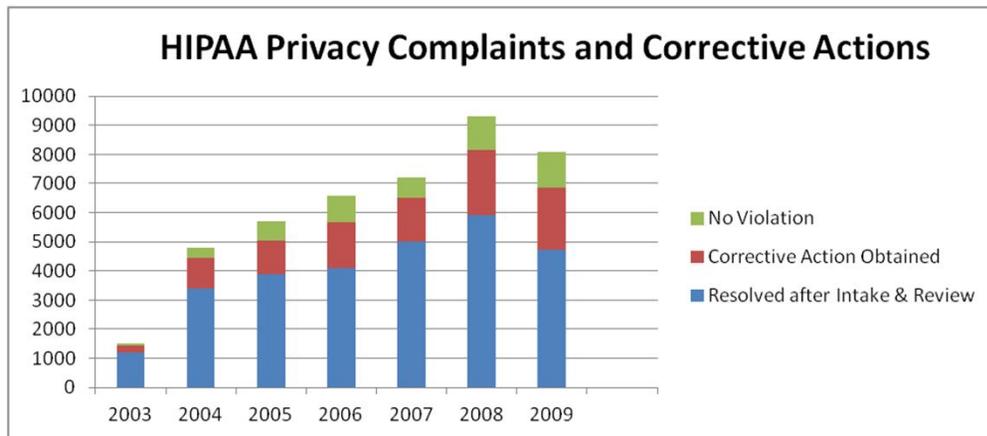


***Theft of and unauthorized access to laptops, computers, paper records, and portable electronic devices (e.g., USB Drives) are “lo-tech”, yet significant causes of PHI data breaches for which organizations are being reported.***

\*Based on data published by HHS as of September 20, 2010.

# Industry trends: enforcement

There have been steady trends of increasing HIPAA Privacy and Security enforcement over the years\*. Since 2003, the Office of Civil Rights (OCR) has been responsible for enforcing the Privacy Rule, and on July 27, 2009, the office became responsible for enforcing the Security Rule. The following are statistics and summary relating to its HIPAA enforcement activities:



## Highlights of Privacy and Security Rule Enforcement

- Since October 2009, HHS has received approximately 166 complaints alleging violation of the Security Rule
- During this period, 59 Security Rule complaints were closed after investigation and appropriate corrective action
- As of August 31, 2010 OCR had 174 open Security Rule complaints and compliance reviews
- Corrective actions resulted from **21%** of total Privacy Rule complaints

## Top 5 issues in investigated cases, which resulted in corrective actions\*:

1. Impermissible Uses and Disclosures
2. Safeguards (security controls as defined in the HIPAA Security Rule)
3. Access
4. Minimum Necessary
5. Complaints to Covered Entity

\* Based on data published by the Office for Civil Rights ("OCR") of the Department of Health and Human Services as of September 20, 2010.

# Industry trends: Mobility

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The increased adoption of devices has created an imperative for mobility that healthcare organizations cannot ignore. Members, patients, caregivers and employees demand the use of these devices in the field.

**“Over half of consumers (52%) say they would use a smart phone or PDA to monitor their health** if they were able to access their medical records and download information about their medical condition and treatments”<sup>1</sup>

“Use of **social networking sites** for healthcare purposes... was **primarily for sharing personal health care experiences** or for **seeking information** on pharmaceutical products”<sup>1</sup>

**“The number of smart phones sold in the United States rose more than 60%,** from 26 million in 2008 to **42 million in 2010.** Another 25 million consumers are expected to purchase smart phones by 2012.”<sup>2</sup>

**“More than 1.3 million healthcare professionals,** including 50 percent of U.S. physicians, **use Epocrates** to help improve patient care and practice efficiencies with its drug reference, educational and clinical apps”<sup>3</sup>

Sources:

1 – “2011 Survey of Health Care Consumers in the United States: Key Findings, Strategic Implications.” Deloitte Center for Health Solutions, 2011.

2 – “Mobile banking: A catalyst for improving bank performance.” Deloitte Consulting, 2010.

3 – <http://www.epocrates.com/company/>

4 - <http://manhattanresearch.com/News-and-Events/Press-Releases/physician-iphone-ipad-adoption>

# Industry trends: Mobility

## Third party medical apps

- Use of medical calculators and medical libraries (e.g., Epocrates)
- Multiple other apps targeted at different clinical specialties

## Video interaction

- Physician-to-physician and physician-to-patient interaction
- Video consultation is very useful for visual symptoms (patient's stroke, etc.)
- Video follow-up with patients increases consistency of taking medications

## Real-time patient readings

- Outfitting cardiologists with smartphones to view and provide a reading on EKG in real-time for patients with cardiac diagnosis
- Outfitting clinicians with smartphones to receive real-time waveform patterns, bedside alarms, and other patient data directly from bedside devices, EHRs, etc..

## AirStrip Technologies



# Industry Trends: Mobility

XXXXX Medical Center deployed several online and mobile technologies to arm its staff with tools to review comprehensive drug information directly from a patient's medication list (including Epocrates Rx Online and MData Enterprise System by MercuryMD).

## Caregiver Benefits

- Hospital clinicians can access medication lists of individual patients from a mobile device (iPhone, iPad, Droid, BlackBerry or Palm)
- Clinicians cross-reference a patient's medications with the Epocrates drug and clinical reference and hospital unique drug formulary
- Expedited verification of hospital-approved drugs and reduced excess data entry
- Timely information impacts prevalence of adverse drug reactions

*"Choosing to implement Epocrates handheld solutions within the hospital setting makes sense given the sizable network of clinicians who respect its content and value its objectivity and ease-of-use. Add to that the interoperability with MercuryMD's mobile data system and the result is a comprehensive reference at the point-of-care."* – Pharmacy director, XXXXX Medical Center<sup>1</sup>

ePOCRATES®



*"XXXXX Medical Center is a great example of an organization that has aligned hospital and physician priorities using information technology. Through Epocrates integration with MData, XXXXXX provides its physicians with popular and valuable mobile solutions, while maximizing the efficiency and patient care goals that enhance hospital performance."* – CEO, MercuryMD<sup>1</sup>

Sources:

1 – PR News Wire, "NEMC Also Taps Interoperable Epocrates and MercuryMD Mobile Solutions." November 18, 2010

2 – <http://www.epocrates.com/>

# Industry Trends: Mobility - Security and risk management

Complex organizations will have many mobility use cases and associated security and privacy risks. A monolithic 'one size fits all' approach while tempting from an operational perspective, is unlikely to be successful. A principle based, adaptable, programmatic strategy is critical.

<b>Core Principles</b>	<b>Key Considerations</b>
<b>Define the key business drivers and objectives for mobility</b>	<ul style="list-style-type: none"><li>• Identify the mobility opportunities for the organization</li><li>• Analyze the opportunities to understand the potential value they can deliver</li><li>• Value becomes the basis for the necessary risk v. reward analysis</li></ul>
<b>Understand the specific mobility use cases</b>	<ul style="list-style-type: none"><li>• Articulate the specifics for each use case – the actors, actions, conditions, data types, etc.</li><li>• Not all use cases are created equal – prioritize based on value and realize that your use cases will evolve (and will need to be reassessed)</li></ul>
<b>Identify the material risks related to each use case</b>	<ul style="list-style-type: none"><li>• Define your mobile ecosystem and the integration points with your technology environment</li><li>• Define risk prioritization criteria, evaluate the risks associated with each use case and prioritize for mitigation</li><li>• When considering risks, look at your entire mobile ecosystem; evaluate key categories of mobile risk -- operational, legal and regulatory, technology and data protection and, infrastructure and device</li><li>• When considering mitigations look across your entire environment (it's not just about securing the device)</li></ul>
<b>Implement security controls through policy and technology</b>	<ul style="list-style-type: none"><li>• Certain risks may be mitigated by technical controls, others through policy – both will be necessary</li><li>• Consider a device, data or application centric approach – complex entities will likely want to consider a combination of all three</li><li>• Don't underestimate the importance of UX – design for consumer expectations, not corporate user tolerance</li></ul>
<b>Enable, not disable adoption of new innovations</b>	<ul style="list-style-type: none"><li>• NFC, location based services, special purpose add on hardware, new virtualization solutions, shifts in the vendor landscape, etc. will all continue to change the game</li><li>• Recognize that mobility is changing at a torrid pace and what works today may not work in 18 months</li><li>• Develop a program that is principle and process based so you can adapt</li></ul>

## Q&A

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- What other security and privacy trends do you consider to be “on the list” for management to address?
- What good practices would you share to improve and mature security incident response capabilities – from identification to triage to reporting?

A close-up photograph of a doctor's hand holding a blue stethoscope. The doctor is wearing a white lab coat and a blue stethoscope. The background is blurred, showing the doctor's face and the rest of the lab coat. The text "Update on Meaningful Use, HIPAA, and HITECH" is overlaid in green on the right side of the image.

**Update on Meaningful Use,  
HIPAA, and HITECH**

# Overview of the American Recovery and Reinvestment Act (ARRA) & HITECH

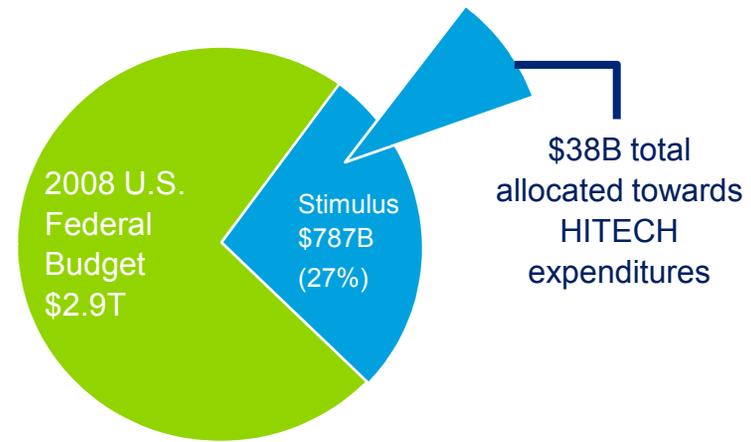
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## Facts and figures

- First major initiative of the Obama Administration
- Appropriates \$787 billion across a broad spectrum of government programs
- Many Health and Human Service (HHS)/labor funds are passed down to states through existing mechanisms
- Health IT funding includes incentives and appropriations from the **Health Information Technology for Economic and Clinical Health Act (HITECH) Act** and other health IT initiatives such as telehealth

## HITECH priority areas include:

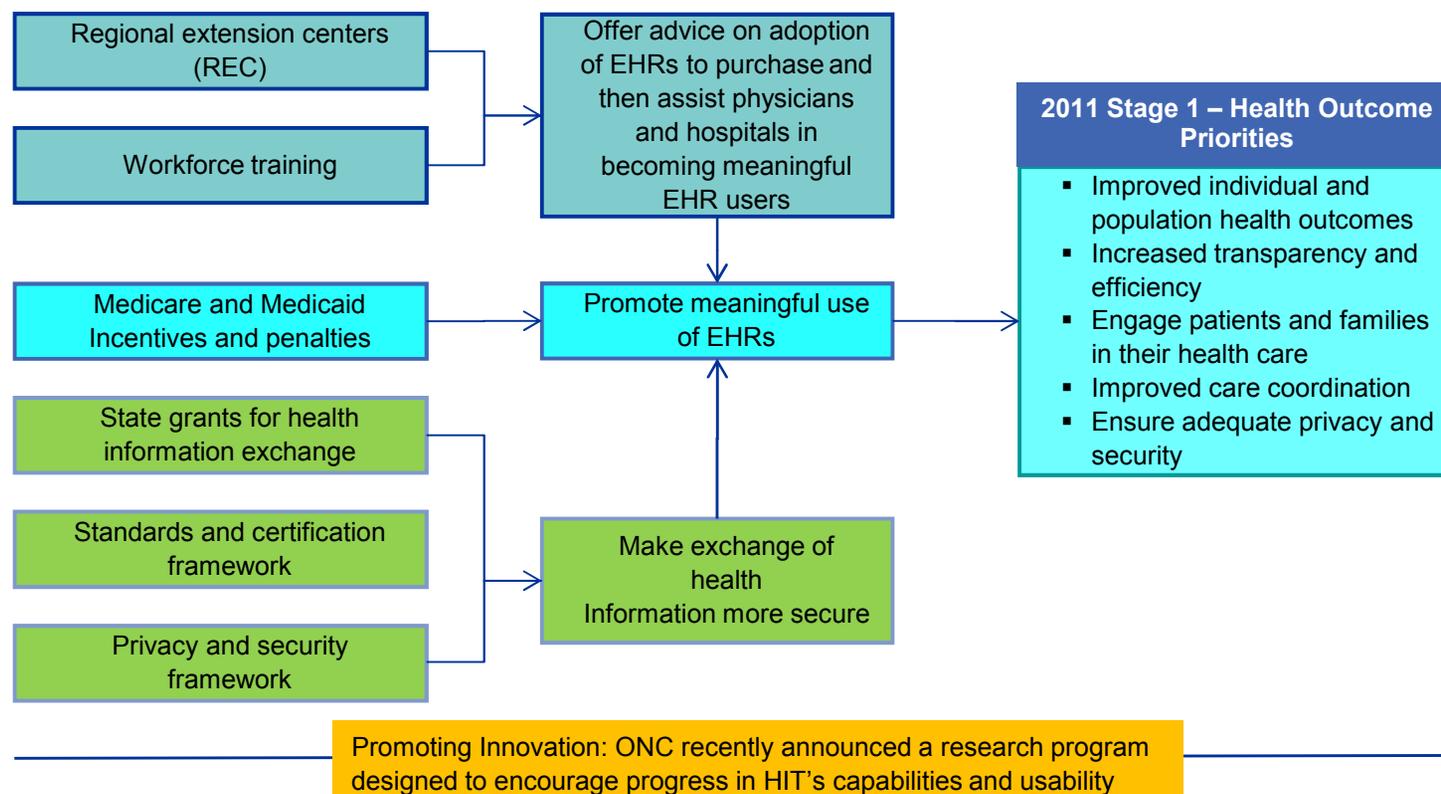
- Electronic Health Records (EHR)
- Health Information Exchanges (HIE)
- Security and Data Privacy
- Outcome Registries
- Promotion of Health Information Technology (HIT) Standards and Interoperability



- ARRA includes the HITECH Act to accelerate the adoption of interoperable electronic health records and other HIT, as well as to promote HIE
- The legislation includes provisions intended to shore up public confidence in the use of EHRs and personal health records (PHRs) by beefing up enforcement of and expanding the scope of activities covered by HIPAA Privacy and Security Rules

## The HITECH framework supports achievement of Meaningful Use

The HITECH Act program focuses on attaining meaningful use of EHRs as a pathway toward improved health system performance. The attainment of meaningful use depends, in turn, on adoption of EHRs and the development of security and private pathways for exchanging health information. Adoption and exchange will be supported by a variety of HITECH Act initiatives

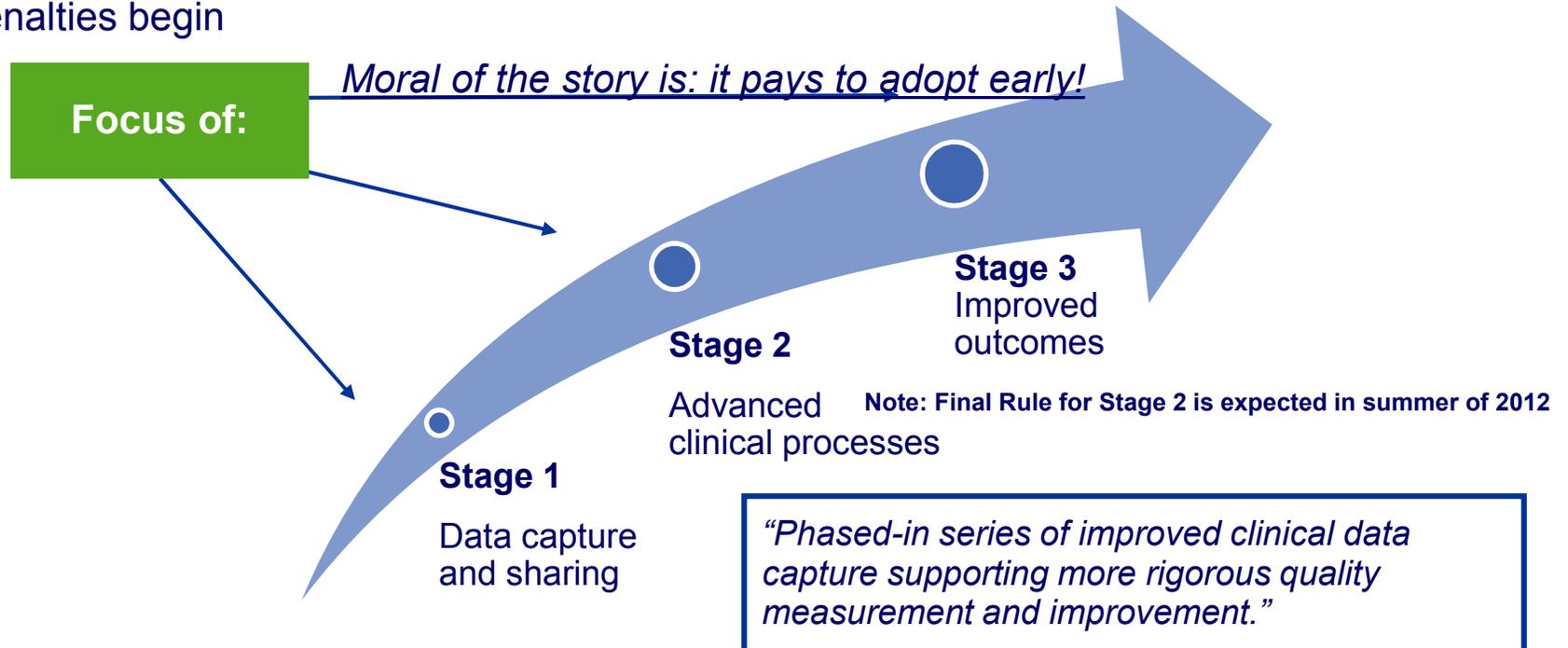


Adapted from *The New England Journal of Medicine*; David Blumenthal, M.D., M.P.P. "Launching HITECH"

ARRA/HITECH is *not* about technology...it's about improving outcomes through the *application and use* of technology. Meaningful Use is derived from this concept.

# Staging of meaningful use

- The stages of Meaningful Use represent a graduated approach to arriving at the ultimate goal. Thus, the goals for “Stage 3” Meaningful Use criteria represent overarching goals which, Centers for Medicare and Medicaid Services (CMS) believes, are attainable in the future
- Meaningful Use regulations will be further defined/refined in an “escalator” type approach in bi-yearly stages: 2011, 2013, 2015
- As regulations increase in specificity over time, incentive payments decrease until penalties begin



# Meaningful Use stage 1 measures overview

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Final Meaningful Use rules have been relaxed and allow flexibility rather than define Meaningful Use objectives and measures as strictly “all-or-nothing.” The criteria below define both the “core set” and “menu set” of Meaningful Use objectives outlined in the Final Rules:

## “Core set” of Meaningful Use objectives

- Use Computerized Physician Order Entry (CPOE)
- Implement drug-drug and drug-allergy interaction checks
- Generate and transmit prescriptions electronically
- Record patient demographics
- Maintain up-to-date problem list
- Maintain active medication list
- Maintain active medication allergy list
- Report vital signs and chart changes
- Record smoking status for patients 13 years or older
- Implement one clinical decision support rule
- Report clinical quality measures to CMS or States
- Electronically exchange key clinical information among providers and authorized entities
- Provide patients with electronic copy of their health information
- Provide patients with clinical summaries and discharge summaries
- Protect electronic health information created or maintained by certified EHR

**Must meet all objectives**

## “Menu set” of Meaningful Use objectives

- Implement drug-formulary checks
- Incorporate clinical laboratory test results into EHRs
- Generate lists of patients by specific conditions
- Use EHR to identify patient-specific education resources
- Perform medication reconciliation between care settings
- Provide summary of care record for patients referred/transitioned to another provider
- Submit electronic immunization data to registries or information systems
- Submit electronic syndromic surveillance data to public health agencies
- Additional choices eligible hospitals (EHs) (record advance directives for 65 y/o above; electronic data on lab results to public health agencies)
- Additional choices for eligible professionals (EPs) (reminders to patients for preventive and follow-up care; provide patients with timely electronic access to their health information)

**Can defer “5” for Stage 1  
(ALL of these become “core set” in Stage 2)**

## Overview of Proposed Stage 2 Criteria

Stage 2 of Meaningful Use will include the same concept of Core, Menu, and Clinical Quality Measures (CQM) as in Stage 1, however there are a few key differences, as outlined below:

- The Clinical Quality Measures are no longer a core objective, but simply a requirement to meet Meaningful Use (e.g., the 2014 CQMs are independent of MU Stage)
- Changed policy on Deferral of Menu Measures: Hospitals and Eligible Professions starting in 2014 can longer reduce the number of menu set objectives by use of exclusions
- Some MU Stage 2 Objectives have multiple Measures that need to be achieved

MU Stage 1 Objectives	MU Stage 2 Objectives
<p><b>Eligible Professionals</b> 15 core objectives <b>AND</b> 5 of 10 menu objectives <b>= 20 total objectives</b></p>	<p><b>Eligible Professionals</b> 17 core objectives <b>AND</b> 3 of 5 menu objectives <b>= 20 total objectives</b></p>
<p><b>Eligible Hospitals &amp; CAHs</b> 14 core objectives <b>AND</b> 5 of 10 menu objectives <b>= 19 total objectives</b></p>	<p><b>Eligible Hospitals &amp; CAHs</b> 16 core objectives <b>AND</b> 2 of 4 menu objectives <b>= 18 total objectives</b></p>

# Meaningful Use Timeline

- As anticipated, the timeline for achieving Stage 2 has been proposed to be pushed back to 2014 (as opposed to 2013 previously) for all providers who first attested to the Stage 1 criteria in 2011
- Medicare Payment Adjustments (Penalties):
  - **Eligible Hospitals (EH) and EPs demonstrating MU for the first time:**
    - Need to register and attest for the 2014 payment year at least **3 months prior to the end of the payment year to avoid penalties in 2015**. Therefore, the last date to conclude EHR reporting period AND attest would be:
      - a) *Eligible Professionals: October 1, 2014 (Reporting Period: July 3<sup>rd</sup> – September 30<sup>th</sup>)*
      - b) *Eligible Hospitals: July 1, 2014 (Reporting Period: April 3<sup>rd</sup> – June 30<sup>th</sup>)*
  - **Critical Access Hospitals (CAHs) demonstrating MU for the 1<sup>st</sup> time:**
    - Follow a different timeline than EHs and EPs, Critical Access Hospitals have the full Federal Fiscal Year that is same as Payment Adjustment Year to demonstrate MU

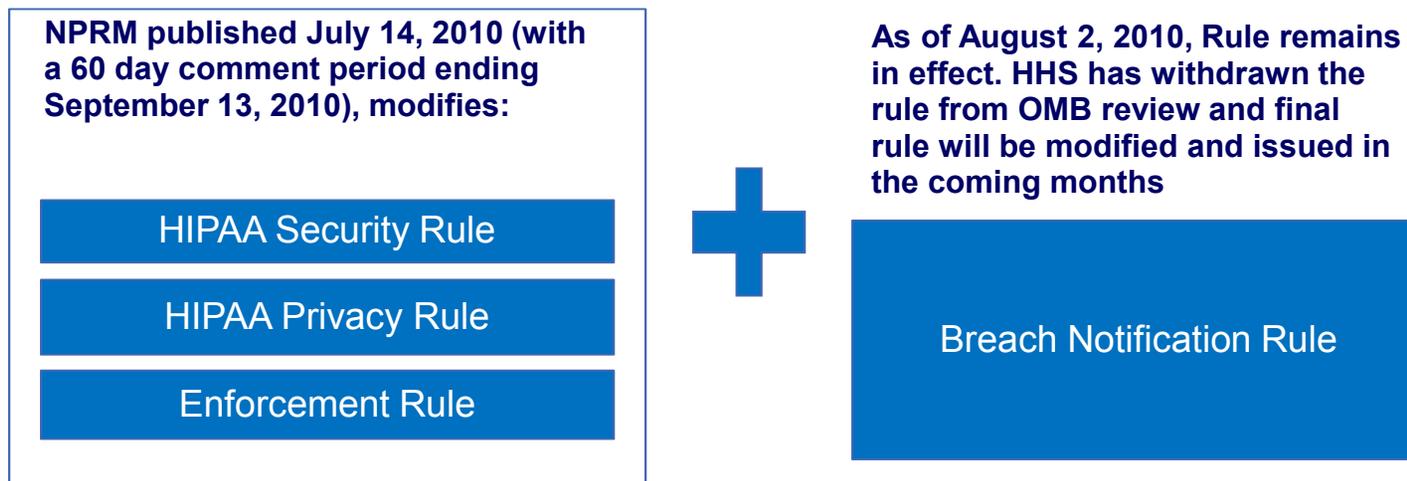
First Payment Year	Stage of Meaningful Use										
	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
2011	1	1	1	2	2	3	3	TBD	TBD	TBD	TBD
2012		1	1	2	2	3	3	TBD	TBD	TBD	TBD
2013			1	1	2	2	3	3	TBD	TBD	TBD
2014				1	1	2	2	3	3	TBD	TBD
2015					1	1	2	2	3	3	TBD
2016						1	1	2	2	3	3
2017							1	1	2	2	3

Source: CMS EHR Incentive Program Stage 2 NPRM, "Stage of Meaningful Use Criteria by First Payment Year", Centers for Medicaid & Medicare Services. (February, 2012)

# HIPAA modifications

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On July 8, 2010, the Office for Civil Rights (OCR) released a notice of proposed rulemaking (NPRM), revising the Health Insurance Portability and Accountability Act (HIPAA) Privacy, Security, and Enforcement rules in accordance with HITECH provisions. Modifications exist under different phases in the regulatory rule-making process



The final HIPAA Omnibus Rule was sent to OMB back in March 2012 and the final rule was expected to be released towards the end of summer 2012. ONC did release a guide to HIPAA Security and Privacy based on the Omnibus Rule (see below).

<http://www.healthit.gov/sites/default/files/pdf/privacy/privacy-and-security-guide.pdf>

# HIPAA modifications

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## 1. Redefines Business Associates

### Business Associates (BAs) redefined

- Note that all definitions apply even if the Covered Entities /Business Associate fails to enter required Business Associate Agreement (BAA)
  - Patient Safety Organizations (PSOs)
  - Health Information Organizations (HIOs) and E-Rx Gateways
  - Vendors offering personal health record (PHR) to one or more individuals on behalf of a covered entity
  - A subcontractor that creates, receives, maintains, or transmits protected health information on behalf of the business associate

### Compliance & Enforcement

- BAs must directly comply with
  - HIPAA Security Rule administrative, physical, and technical safeguards and documentation requirements
  - Adhere to BAAs
  - HITECH's privacy-related requirements
- BAs are subject to HIPAA civil and criminal enforcement and penalties, in addition to contractual liability

### Extend to Subcontractors

- BAs must obtain satisfactory assurances from subcontractors on Privacy and Security protections in the form of a BAA. Covered entities are not required to obtain BAA from subcontractor (Chain of Trust concept)

# Proposed HITECH Act modifications

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## 2. Modifies enforcement requirements and penalties

### Enforcement

- The NPRM implements a number of HITECH enforcement provisions that were not included in the previously released Interim Final Rule on enforcement
- The NPRM also proposes to make regulatory changes necessary to implement HITECH's imposition of civil money penalty liability on BAs
- The NPRM defines the terms "reasonable cause," "reasonable diligence" and "willful neglect," which relate to the various penalty levels under HIPAA's Enforcement Rule

### Compliance Timeline

- Comply with HITECH statutory provisions that became effective on February 18, 2010
- CEs and BAs will have a **grace period of 240 days from publication of a final rule** to come into compliance with the changes
- The NPRM includes transition provisions that permit CEs, BAs and BA subcontractors to continue to operate under existing contracts for up to **one year beyond the compliance date** of the final rule

# Proposed HITECH Act modifications

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## 3. Updates HIPAA Privacy Rule

### Marketing of PHI

- **Marketing** updates include: revise the exceptions to marketing to better distinguish the exceptions for treatment communications from those communications made for health care operations; add a definition of “financial remuneration”; provide that health care operations communications for which financial remuneration is received are marketing and require individual authorization; provide that written treatment communications for which financial remuneration is received are subject to certain notice and opt out conditions; provide a limited exception from the remuneration prohibition for refill reminders; and remove the paragraph regarding an arrangement between a covered entity and another entity in which the covered entity receives remuneration in exchange for protected health information

### Sale of PHI

- Provides new restrictions on marketing using PHI and payment for PHI
- **Sale**: Requires a covered entity to obtain an authorization for any disclosure of protected health information in exchange for direct or indirect remuneration. This authorization must state that the disclosure will result in remuneration to the covered entity; Exceptions generally follow statutory requirements; Prohibits downstream disclosure for remuneration unless separate authorization in place

### PHI for deceased individuals

- Codifies Period of Protection (50 years); requests comments on this timeframe
- Discusses Disclosures About a Decedent to Family Members and Others Involved In Care

# Proposed HITECH Act modifications

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## 3. Updates HIPAA Privacy Rule

### Health Operations

- Modifies the definition of “health care operations” to include a reference to patient safety activities
- Communication by a covered entity or business associate that is about a product or service and that encourages recipients of the communication to purchase or use the product or service shall not be considered a health care operation and will now be considered marketing
- CEs/BAs may no longer receive payment for any communication now considered to be marketing, change from HIPAA

### Research

- Compound Authorizations: discusses concerns with Compound Authorizations, and circumstances where they are allowed
- Authorizing Future Research Use or Disclosure : discusses allowing authorizations that include future research; makes clear it would not alter an individual’s right to revoke the authorization for the use or disclosure of protected health information for future research at any time; specifically request comment on proposed changes

### Disclosure of student immunizations

- HHS now regards disclosure of immunization records to schools to be a public health disclosure
- Once disclosed to school, information is protected by FERPA rather than HIPAA

# Proposed HITECH Act modifications

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## 3. Updates HIPAA Privacy Rule

### Notice of Privacy Practices (NPP)

- Describes the uses and disclosures of protected health information that require an authorization
- Other uses and disclosures not described in notice made only with individual authorization
- Authorizations requires for marketing and fundraising
- Soliciting comments on whether NPP should contain discussion of CEs obligation re breach notification

### Limited data set/minimum necessary

- Requires covered entities to consider a limited data set as the minimum necessary for a particular use, disclosure, or request of protected health information, and requires the Secretary to issue guidance to address what constitutes minimum necessary under the Privacy Rule
- Requires that a covered entity or business associate that discloses protected health information for public health activities or research in limited data set form is also excepted from the authorization requirement
- Requesting comment on guidance needed

# Proposed HITECH Act modifications

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## 3. Updates HIPAA Privacy Rule

### New Patient Rights

- Extends Patient Access to EHR & Patient Right to Restrict Disclosures
- Requires a covered entity to agree to a restriction on disclosure to a health plan if: (A) the disclosure is for the purposes of carrying out payment or healthcare operations and is not otherwise required by law; and (B) the protected health information pertains solely to a health care item or service for which the individual, or person on behalf of the individual other than the health plan, has paid the covered entity in full
- Clarifies that if a restriction placed on a disclosure to a health plan, the covered entity is also prohibited from making such disclosure to a business associate of the health plan

### Fundraising

- Requires CEs to provide individuals with a clear opportunity to opt out of receiving fundraising communications and by requiring that an opt out be treated as a revocation of authorization under the Privacy Rule
- Requires CEs to inform individuals in its notice of privacy practices that it may contact them to raise funds for the covered entity
- Requires that fundraising materials sent contain a description of how the individual may opt out of receiving future fundraising communications
- Requires that a CE may not condition treatment or payment on an individual's choice with respect to receiving fundraising communications

# Proposed HITECH Act modifications

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## 3. Updates HIPAA Privacy Rule on Breach Notification

HHS to issue final rule on breach notification

- “HHS is **withdrawing the breach notification final rule from OMB review** to allow for further consideration, given the Department’s experience to date in administering the regulations. This is a complex issue and the Administration is committed to ensuring that individuals’ health information is secured to the extent possible to avoid unauthorized uses and disclosures, and that individuals are appropriately notified when incidents do occur.”
- **Intent to publish a final rule in the Federal Register in the coming months**
- Until such time as a new final rule is issued, the **Interim Final Rule** that became effective on September 23, 2009, **remains in effect**

Speculation for withdrawal of final rule

- Opposition from Congress and privacy advocates to the “**harm standard**” contained in the now-withdrawn regulations. Under the standard, covered entity that discovered unauthorized access to, or acquisition, use or disclosure of, PHI was not required to provide notice of security breach unless the unauthorized conduct “pose[d] a significant risk of financial, reputational or other harm” to the subject of the information
- In the event the “harm standard” is removed, there could be impact for providers and covered entities in increased reporting of incidents and out-of-pocket expense and potential damage to business reputation

Impact to Providers

- Providers must determine whether a security incident should be analyzed with or without the “harm standard” before HHS publishes a final rule in the “coming months”
- Until clarification is issued, providers will make a judgment call to either ignore the harm standard and “over-notify” or apply the standard to justify a decision not to provide notice and run a risk of enforcement action

# HHS OCR HIPAA Security and Privacy Audits

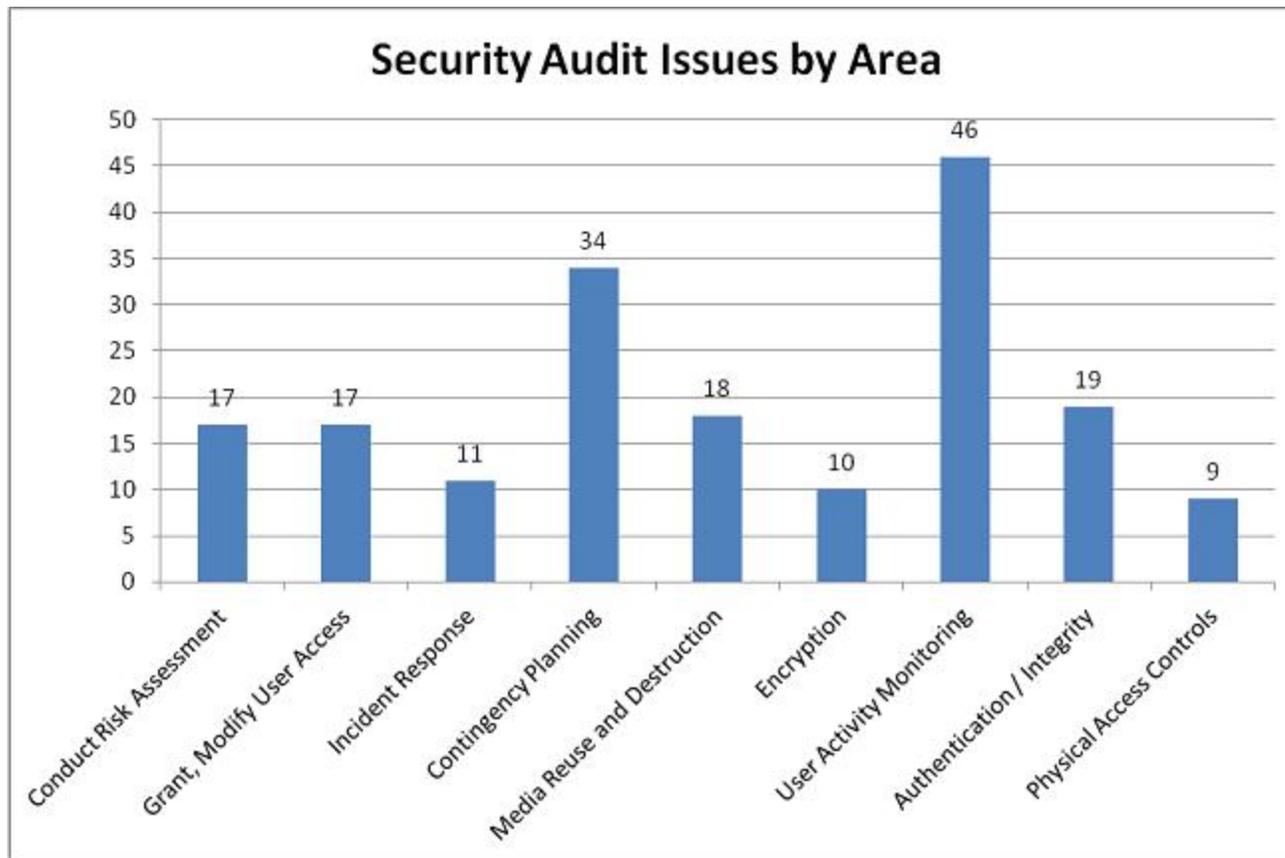
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Empowered by the HITECH Act, HHS/OCR is piloting a HIPAA Privacy & Security Audit Program which started in November 2011 and will conclude the pilot program by December 2012. This pilot program includes:

- Up to 150 audits of Covered Entities to assess privacy and security compliance (Business Associates will be included in the future audits)
- A 30-day audit process consisting of 6 steps:
  - Audit notification by OCR
  - Documentation review
  - Onsite fieldwork
  - Draft report
  - Draft report review/comment by Covered Entity
  - Final report to OCR
- Should an audit report indicate a serious compliance issue, OCR may initiate a compliance review to address the problem

# HHS OCR HIPAA Security and Privacy Audits

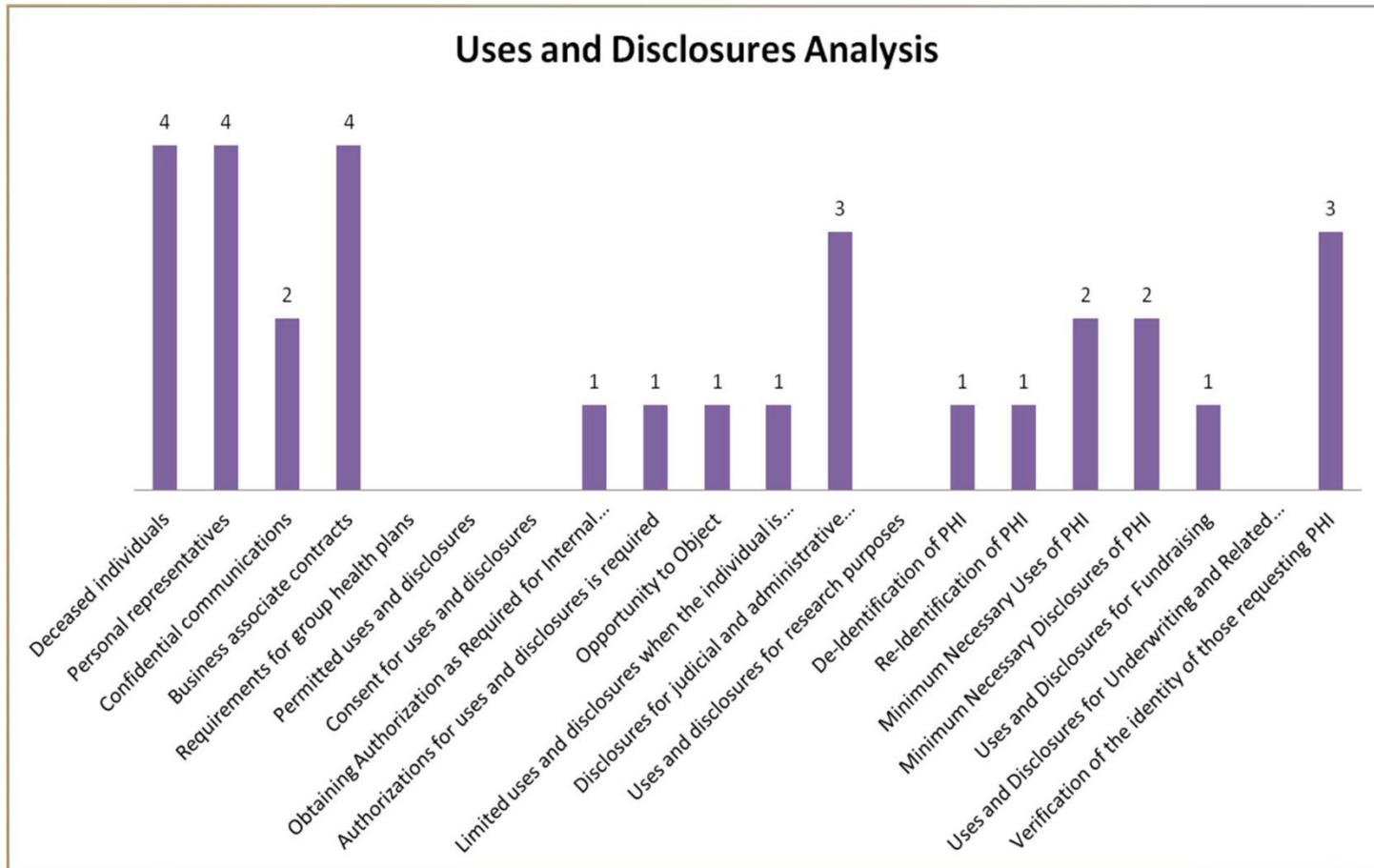
Results from the OCR's initial 20 security and privacy audits have revealed the following common themes:



Source: "2012 HIPAA Privacy and Security Audits", Linda Sanches, OCR Senior Advisor, Health Information Privacy Lead

# HHS OCR HIPAA Security and Privacy Audits

Results from the OCR's initial 20 security and privacy audits have revealed the following common themes:



Source: "2012 HIPAA Privacy and Security Audits", Linda Sanches, OCR Senior Advisor, Health Information Privacy Lead

## Q&A

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- Are your organizations subject to HITECH and Meaningful Use requirements?
- How would you describe your journey to achieve compliance?
- What actions have been taken to manage third party risks/business associates handling ePHI?
- Are you addressing HIPAA Security and Privacy in concert with Meaningful Use or as a separate program initiative?

A close-up photograph of a doctor's hand holding a blue stethoscope. The doctor is wearing a white lab coat and a blue stethoscope. The background is blurred, showing the doctor's face and the rest of the lab coat. The text "Security and Privacy Requirements for Meaningful Use" is overlaid in green on the right side of the image.

**Security and Privacy  
Requirements for Meaningful  
Use**

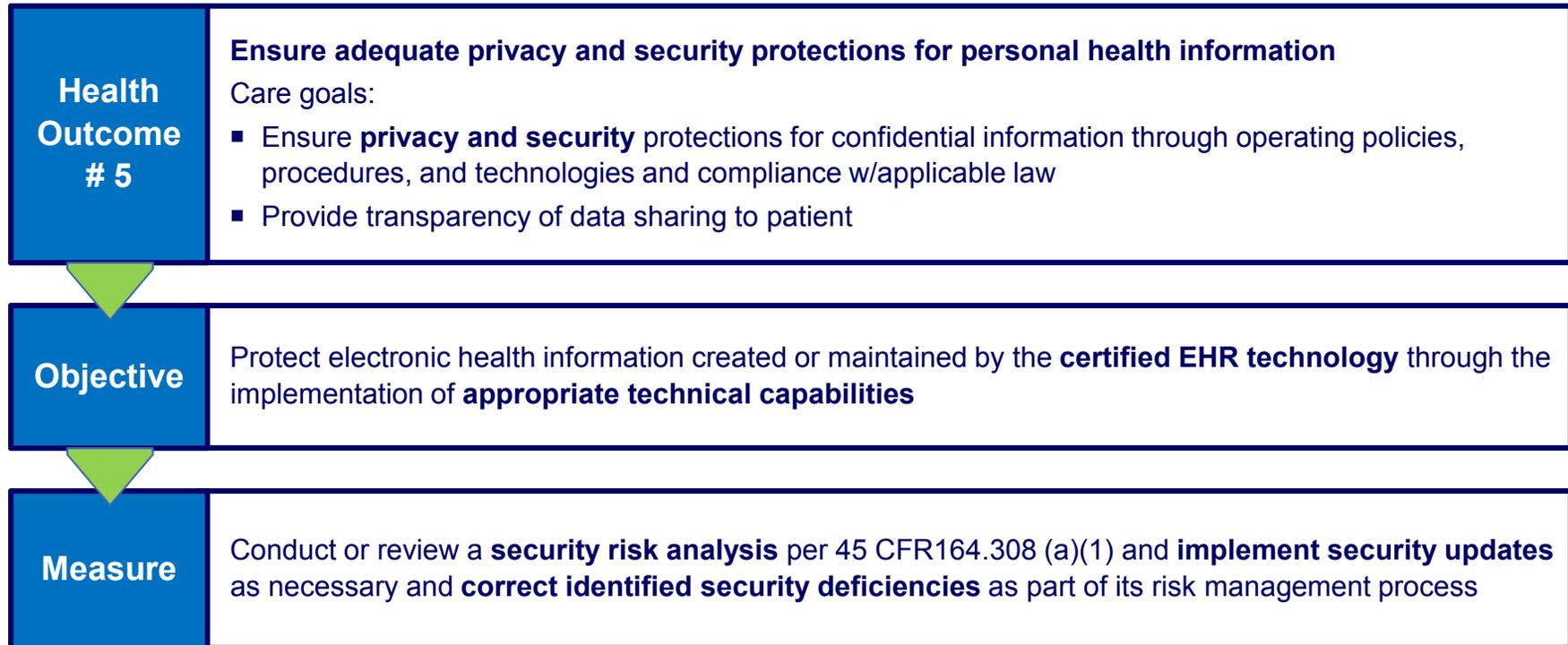
# Stage 2 – Anticipated Takeaways, Challenges, and Implications for S&P

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The Stage 2 MU requirements represent increased specificity in requirements that impact Information Security and Data Privacy. Our initial view of the NPRM Stage 2 regulation is outlined below.

<b>Key Takeaways</b>	<ul style="list-style-type: none"><li>▪ Security Risk Analysis requirement remains unchanged for Stage 2 with exception of review of <b>encryption at rest, including end-user devices that contain protected health information</b></li><li>▪ Implications of patient electronic access (identity and access management, role based access, privacy preferences, compliance to HIPAA, cyber threats, Privacy preferences (Choice, Notice, Collection, Consent))</li><li>▪ Implications of data exchange of ePHI across unaffiliated providers, setting, and EHR systems</li></ul>
<b>Key Challenges</b>	<ul style="list-style-type: none"><li>▪ Resource constraints, security and technology skill set, sustainable risk management process</li><li>▪ Patient portal design, architecture, implementation and testing, including data protection controls</li><li>▪ Definition of user roles and associated views to ePHI and subsequent legal requirements</li><li>▪ Increased sophistication of threat landscape for the health care system</li><li>▪ Protection of end point devices connected to the EHR system, handling ePHI</li><li>▪ Dependency on external parties for appropriate data protection safeguards for data exchange</li><li>▪ <b><u>HIPAA Security and Privacy Rule compliance</u></b></li></ul>
<b>Implications</b>	<ul style="list-style-type: none"><li>▪ Focused initiative to develop a sustainable risk management process for technology risks</li><li>▪ Review existing architecture and plan for patient electronic access (view, download, and transmit)</li><li>▪ Develop enterprise role based access schema for patients and providers (internal/external)</li><li>▪ Evolve information security program to proactively address dynamic cyber threats</li><li>▪ Inventory, map, approve, protect, and monitor end point devices and other information assets handling ePHI</li><li>▪ Develop security and privacy criteria for data exchange to external parties</li><li>▪ Security awareness and education for patients/members</li></ul>

# Security & privacy for Meaningful Use compliance



## Questions for health care providers for Stage 1 and Stage 2 measure

- 1** Have you implemented the certified EHR?
- 2** If yes, have you conducted a security risk analysis?
- 3** If yes, have you applied the security updates or corrected the deficiencies based on the risk analysis?

# Security risk analysis

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Health care providers and covered entities must conduct a security risk analysis as per 45 Code of Federal Regulations (CFR) 164.308 (a)(1) – based on the HIPAA Security Rule.

## Security Risk Analysis per 45 CFR 164.308 (a)(1):

Conduct an accurate and thorough assessment of the potential risks and vulnerabilities to the confidentiality, integrity, and availability of electronic protected health information held by the [organization].

Numerous methods of performing risk analysis exist and there is no single method that guarantees compliance with the Security Rule. Regardless of the method employed, security risk analysis should be comprised of the following elements

## Key Elements

- Scope
- Data Collection
- Identify & Document Potential Threats & Vulnerabilities
- Assess Current Security Measures
- Determine Likelihood of Impact of Threat Occurrence
- Determine level of risk
- Finalize documentation
- Periodic review and updates to risk assessment

## Risk analysis Methods & templates

- NIST 800-30
- Healthcare Information and Management Systems Society (HIMSS)
- Health Information Trust Alliance (HITRUST)

# MU Stage 1 Security Risk Analysis (SRA) Outcomes - Benchmark

These benchmark results provide a perspective of how Deloitte clients are addressing the MU Stage 1 requirement for Security Risk Analysis, lessons learned, and remediation approaches.

## Survey Respondents



- 7 Eligible Hospitals, medium to large systems (>10,000 beds)
- 4 EHs affiliated with Physician Practices
- Physician Practices > 180k visits

## Assessment Findings



- Access Control/Management
- Enterprise IT Disaster Recovery
- Security Policies & Standards
- Data Protection/Encryption
- Business Associates/Third Party Risk
- HIPAA Security & Privacy Compliance

## Attestation Readiness



- 4 of 7 EHs – attested for Stage 1
- 5 of 7 EHs – link SRA to MU PMO
- 4 of 7 EHS – document remediation plan only vs. demonstrate progress
- Key lessons learned: identify skilled resources early, estimate budget/resource impact, gain management buy-in, link to overarching MU PMO

## Scope Considerations



- 6 of 7 EHs include certified EHR and supporting environment for analysis
- Top EHRs: Epic, Meditech, AllScripts
- Majority of EHs did not assess encryption of ePHI at rest
- NIST and HITRUST frameworks employed
- Interview-based analysis
- No technical testing of security capabilities within the certified EHR
- Majority conducted an enterprise-level security risk assessment with an MU component

## Q&A

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- How frequently does your organization perform an information security risk assessment?
- Do high risk items in the Corrective Action Plan (CAP) get completely addressed prior to attestation for Stage 1/2?
- How does Internal Audit support your information security risk assessments?
- Does your organization leverage a “framework” approach to information security and privacy?
- How are upgrades to the certified EHR technology aligned with security risk assessments and remediation?

A close-up photograph of a doctor's hand holding a blue stethoscope. The doctor is wearing a white lab coat and a blue stethoscope. The background is blurred, showing the doctor's face and the rest of the lab coat. The text "Electronic Health Record (EHR) System Certification" is overlaid in green on the right side of the image.

**Electronic Health Record (EHR)  
System Certification**

# Certification versus Meaningful Use

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While certification will now be an almost mandatory result of the Meaningful Use incentives program, it is not the end goal.

Certification will focus on identifying a set of core functional requirements that align with HITECH payment incentives. Coordination will be required to ensure that certification timelines don't interfere with providers' ability to achieve Meaningful Use.

## Certification

- Objective measure of an EHR's technical capabilities
- Establishes meaningful baseline for functionality
- Will leverage competitive forces on vendors based on compliance
- Drives vendors toward consistency
- 50% to 75% of EHR market offerings are certified products already – without this legislation

## Meaningful Use

- Qualitative measure of EHR adoption
- Highly dependent upon implementation, training, support, leadership and governance
- Difficult to achieve regardless of certification status
- Drives providers toward significant change

# Stage 1 – privacy and security certification criteria

Rule	Interim final certification criterion	Final certification criterion	Comments
§170.302(o) - Access control	Interim Final Rule Text: Access control. Assign a unique name and/or number for identifying and tracking user identity and establish controls that permit only authorized users to access electronic health information.	Final Rule Text: §170.302(o) Unchanged	
§170.302(p) - Emergency access	Interim Final Rule Text: Emergency access. Permit authorized users (who are authorized for emergency situations) to access electronic health information during an emergency.	Final Rule Text: §170.302(p) Unchanged	
§170.302(q) - Automatic log-off	Interim Final Rule Text: Automatic log-off. Terminate an electronic session after a re-determined time of inactivity.	Final Rule Text: §170.302(q) Unchanged	
§170.302(r) - Audit log	Interim Final Rule Text: (1) Record actions. Record actions related to electronic health information in accordance with the standard specified in §170.210(b). (2) Alerts. Provide alerts based on user-defined events. (3) Display and print. Electronically display and print all or a specified set of recorded information upon request or at a set period of time.	Final Rule Text: §170.302(r) (1) Record actions. Record actions related to electronic health information in accordance with the standard specified in §170.210(b). (2) Generate audit log. Enable a user to generate an audit log for a specific time period and to sort entries in the audit log according to any of the elements specified in the standard at 170.210(b).	Removed 'alerts' from final rule.

# Stage 1 – privacy and security certification criteria

Rule	Interim final certification criterion	Final certification criterion	Comments
§170.302(s) - Integrity	<p>Interim Final Rule Text:</p> <p>(1) In transit. Verify that electronic health information has not been altered in transit in accordance with the standard specified in §170.210(c).</p> <p>(2) Detection. Detect the alteration and deletion of electronic health information and audit logs, in accordance with the standard specified in §170.210(c).</p>	<p>Final Rule Text:</p> <p>§170.302(s)</p> <p>(1) Create a message digest in accordance with the standard specified in 170.210(c).</p> <p>(2) Verify in accordance with the standard specified in 170.210(c) upon receipt of electronically exchanged health information that such information has not been altered.</p> <p>(3) Detection. Detect the alteration of audit logs.</p>	Added create language in final rule.
§170.302(t) - Authentication	<p>Interim Final Rule Text:</p> <p>(1) Local. Verify that a person or entity seeking access to electronic health information is the one claimed and is authorized to access such information.</p> <p>(2) Cross network. Verify that a person or entity seeking access to electronic health information across a network is the one claimed and is authorized to access such information in accordance with the standard specified in §170.210(d).</p>	<p>Final Rule Text:</p> <p>§170.302(t)</p> <p>Authentication. Verify that a person or entity seeking access to electronic health information is the one claimed and is authorized to access such information.</p>	Removed 'Cross Network' in final rule.

# Stage 1 – privacy and security certification criteria

Rule	Interim final certification criterion	Final certification criterion	Comments
§170.302(u) - Encryption	<p>Interim Final Rule Text:</p> <p>(1) General. Encrypt and decrypt electronic health information according to user-defined preferences in accordance with the standard specified in §170.210(a)(1).</p> <p>(2) Exchange. Encrypt and decrypt electronic health information when exchanged in accordance with the standard specified in §170.210(a)(2).</p>	<p>Final Rule Text:</p> <p>§170.302(u)            General encryption. Encrypt and decrypt electronic health information in accordance with the standard specified in §170.210(a)(1), unless the Secretary determines that the use of such algorithm would pose a significant security risk for Certified EHR Technology.</p> <p>§170.302(v)            Encryption when exchanging electronic health information. Encrypt and decrypt electronic health information when exchanged in accordance with the standard specified in §170.210(a)(2).</p>	<p>Added consideration for 'risk' in final rule.</p>

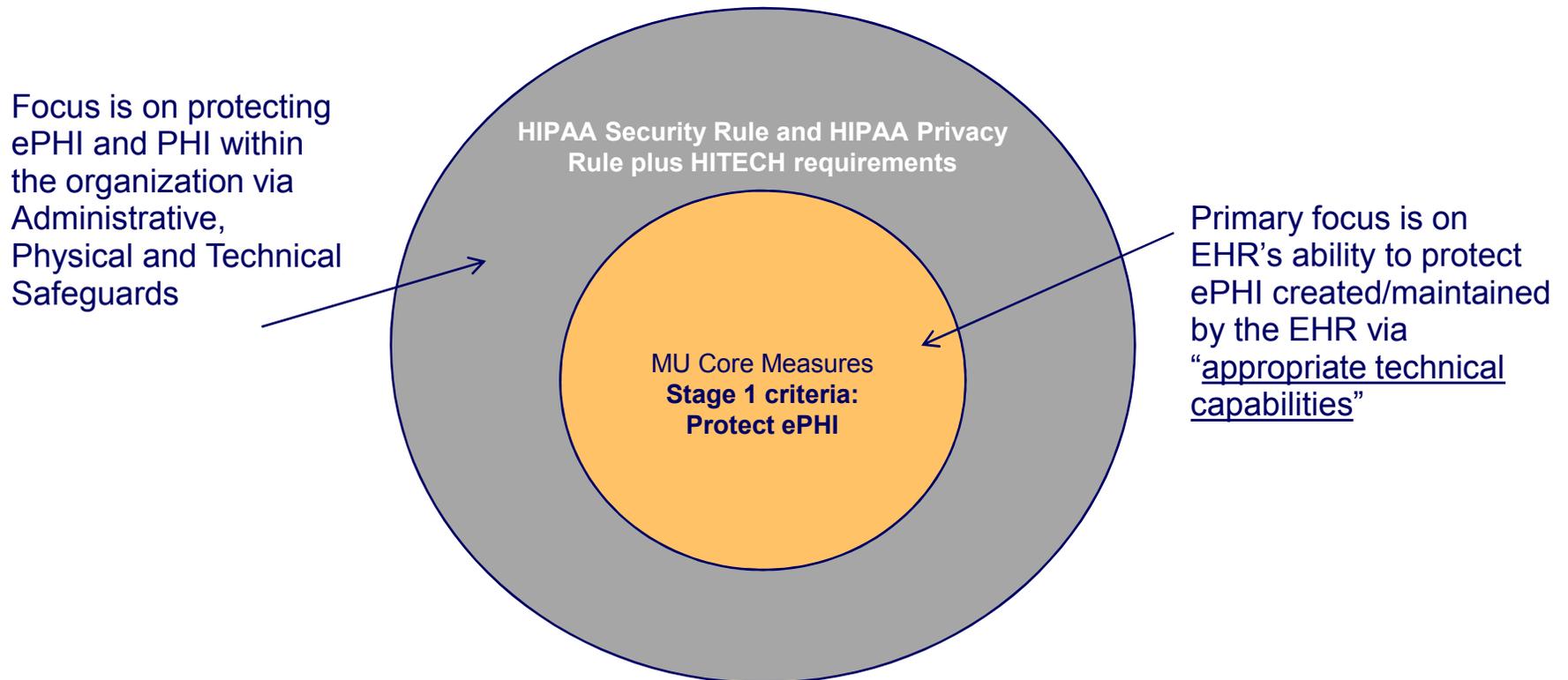
# Certified EHR vendors

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- **The Certified HIT Product List (CHPL)** provides the authoritative, comprehensive listing of Complete EHRs and EHR Modules that have been tested and certified under the Temporary Certification Program maintained by the Office of the National Coordinator for Health IT (ONC). Each Complete EHR and EHR Module listed below has been certified by an ONC-Authorized Testing and Certification Body (ONC-ATCB) and reported to ONC. Only the product versions that are included on the CHPL are certified under the ONC Temporary Certification Program.
- List of certified EHR Technology: <http://onc-chpl.force.com/ehrcert>
- List of FAQ for certification: <http://questions.cms.hhs.gov/app/answers/list/p/21,26,1058>

# HIPAA Security/Privacy plus MU

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You Have to do BOTH

Many healthcare providers will require risk assessment frameworks, control frameworks and technology solutions to address HIPAA Security, Privacy, HITECH and MU

A close-up photograph of a doctor's hand holding a blue stethoscope. The doctor is wearing a white lab coat and a blue stethoscope. The background is blurred, showing the doctor's face and the rest of the lab coat. The text "Security Risk Analysis Approach and Methodology" is overlaid in green on the right side of the image.

**Security Risk Analysis  
Approach and Methodology**

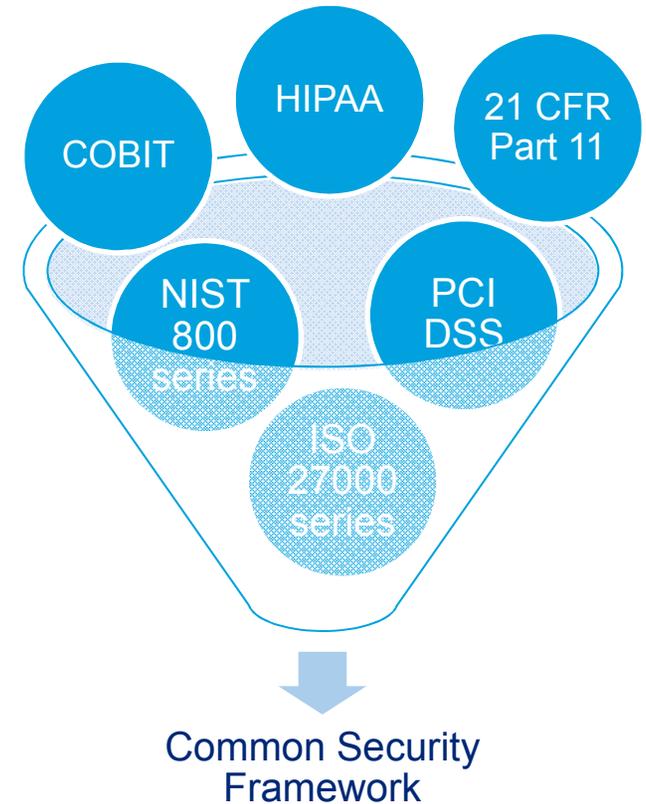
# Adoption of a common security framework - HITRUST

## The Health Information Trust Alliance (HITRUST)

- Private, independent company (**near non-profit status**)
- Standardizing a higher level of security to build greater trust in the electronic flow of information through the health care system
- Collaborating with health care, business, technology, and information security leaders
- Certifiable framework that any and all organizations in the health care industry can implement and be certified against

## Common Security Framework (CSF)

- First IT security framework for health information
- Set of standards for security governance and control practices
- Based on leading information security standards as well as regulatory requirements
  - e.g., HIPAA security rule, ISO 27002, and NIST 800-53r3



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# HITRUST CSF overview

## Common Security Framework (CSF) components

- ❖ **Security controls**
  - 13 control categories
  - 43 control objectives
  - 136 control specifications
- ❖ **Three levels** of requirements based on organization's scale & operations
- ❖ **Implementation & audit guidance**
- ❖ Maps controls to **authoritative sources**
- ❖ Process for approving **alternate controls** (compensating and mitigating) for systems that are not in compliance
- ❖ **Security Configuration Packs** will recommend configuration and maintenance of security in critical applications (e.g., electronic health medical record systems and medical devices)
- ❖ **Products and Services Guide** link to solutions based on CSF

**Control category**

Control Objectives (Control): 01.0 - Access Control

Terms of Use

General Information

Control Name: 01.0 - Access Control

Control Objective: 01.01 Business Requirement for Access Control

Reference(s): 01.02 Authorized Access to Information Systems, 01.03 User Responsibilities, 01.04 Network Access Control, 01.05 Operation System Access Control, 01.06 Application and Information Access Control, 01.07 Mobile Computing and Telework

**Control objective**

Control Objectives (Control Objective): 01.05 Operating System Access Control

General Information

Objective Name: 01.05 Operating System Access Control

Control Reference: 01.0 - Access Control

Control Objective: To prevent unauthorized access to operating systems.

CSF Controls

Control Reference	Control Specification
01.a Secure Login Procedures	Access to operating systems shall be controlled by a secure log-on procedure.
01.a User Identification and Authentication	All users shall have a unique identifier (user ID) for their personal use only, and an authentication technique shall be implemented to substantiate the claimed identity of a user.
01.r Password Management System	Systems for managing passwords shall be interactive and shall ensure quality passwords.
01.s Use of System Utilities	The use of utility programs that might be capable of overriding system and application controls shall be restricted and tightly controlled.
01.t Session Time-out	Inactive sessions shall shut down after a defined period of inactivity.
01.v Limitation of Connection Time	Restrictions on connection times shall be used to provide additional security for high-risk applications.

**Control specification**

CSF Controls: 01.r Password Management System

Terms of Use

General Information

Control Reference: 01.r Password Management System

Control Objective: 01.0 - Access Control, 01.05 Operating System Access Control

Control Specification: Systems for managing passwords shall be interactive and shall ensure quality passwords.

Factor Type: System

Topics: Cryptography, Password Management

Products & Services Guide Ref: 01.r Password Management System

Level 1 Implementation Requirement

Level 1	None	System
Organizational Factors:		Processing PHI: No - AND - Accessible from the Internet: No, Number of Users: - 500, Exchanges Data with a Business Partner: No, Third Party Support: No, Publicly Accessible: No, Number of Interfaces to Other Systems: - 25
Level 1 Regulatory Factors:		

Level 1 Refer to Sections 1.b and 1.f for a full list of password controls. In addition, a password management system shall be implemented to: *... ensure the use of individual user IDs and passwords to maintain accountability.*

**Authoritative sources**

Authoritative Sources

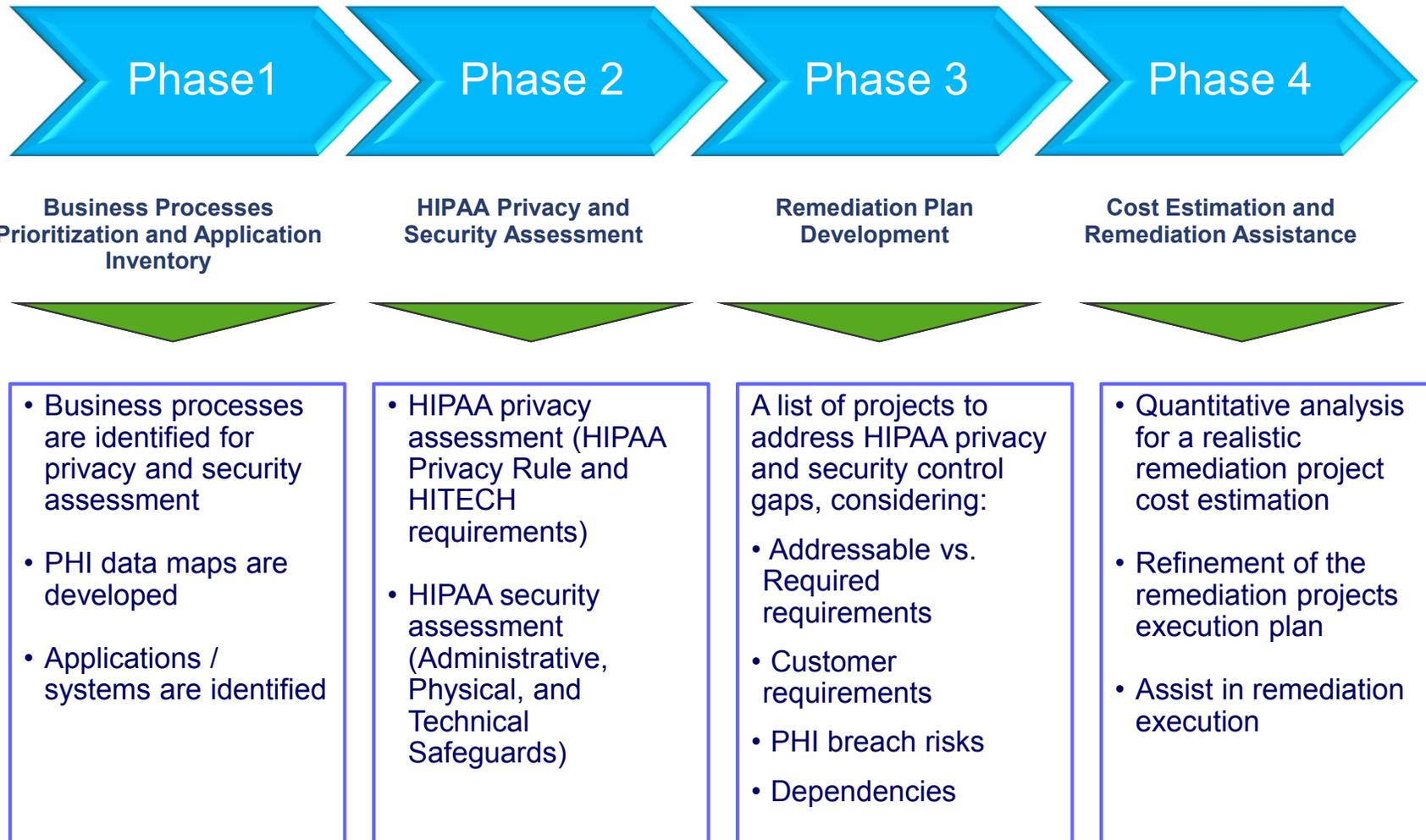
References: 21 CFR Part 11

- Subpart A - General Provisions
- 13.3 Definitions
- 11.3.1(a) Sec 201 Definitions
- 11.3.1(b) Additional Definitions
- Subpart B - Electronic Records
- 11.30 Controls for Open Systems
- 11.30 (a) Controls for Open Systems
- 11.50 Signature Manifestations
- 11.50 (b) Controls on Electronic Signature Content
- Subpart C - Electronic Signatures
- 11.100 General Requirements
- 11.100 (a) Electronic Signature Uniqueness
- 11.100 (b) Certification of Electronic Signatures

Source: <http://hitrustalliance.net/cs/>

# Perspectives and insights: high level approach

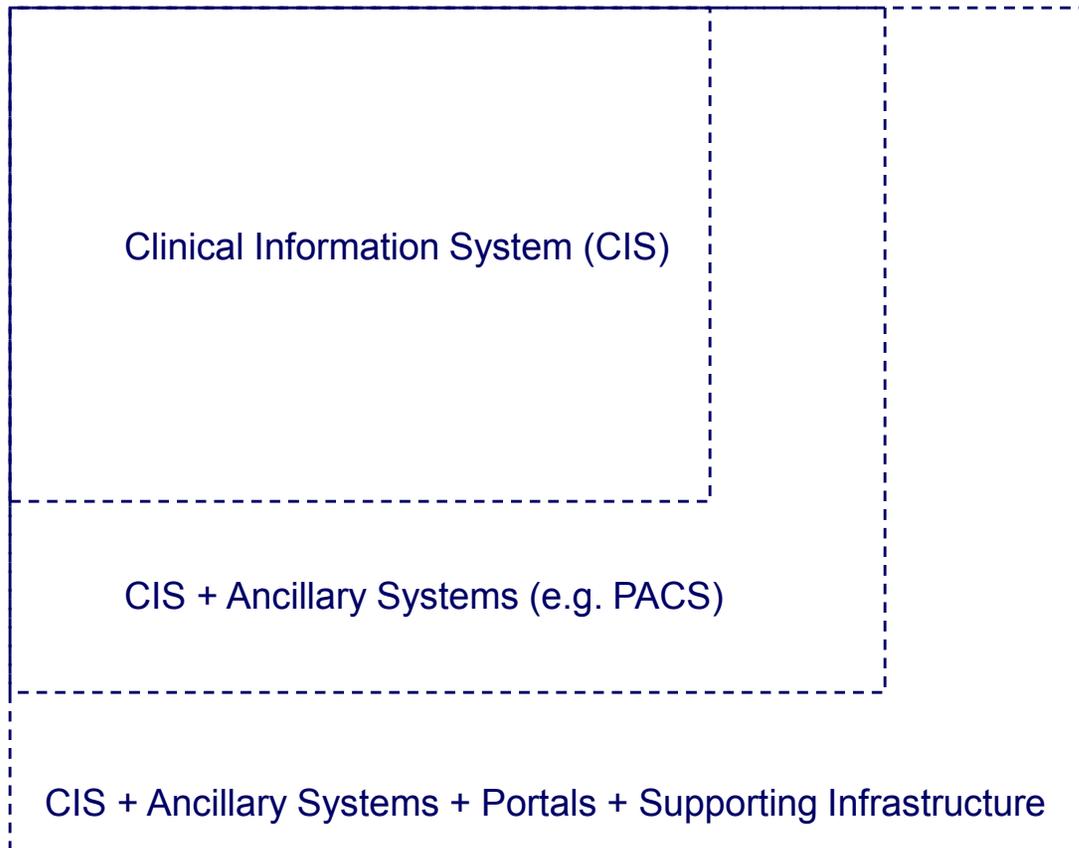
The following describes Deloitte's approach for executing a security risk analysis for HITECH/HIPAA.



# Perspectives and insights: high level approach

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A critically important scoping and planning activity is **defining the box** around the “Certified EHR”



# Business processes prioritization and application inventory

## Steps

Business processes containing ePHI are analyzed and risk-prioritized for the privacy and security assessment:

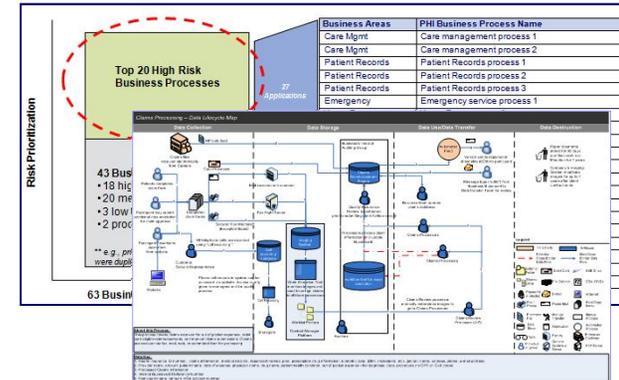
1. Send the Business Process Identification and Risk Ranking spreadsheet to key business contacts to identify processes where ePHI is collected, stored, processed, and transferred.



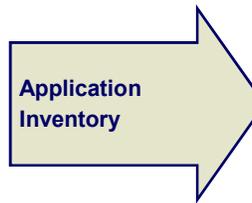
## Tools/Accelerators

Business Process		Business Processes that Include PHI					
Name	Description of Process, Purpose	PHI Data Elements Collected (see list in "key")	Individual Identifiers (see list in "key")	Data Collection Method (e.g., tape, email, file transfer, web, portable media (e.g., CD-ROM, thumbdrive, laptop, etc.))	Storage Location (e.g., client site, Allscripts locations (Raleigh, Burlington, Austin, Richmond, Chicago), hosting vendor location (please specify), offshore, etc.)	Storage Media/ Type (Network drive, database, mainframe, server/workstation, portable media (e.g., CD-ROM, thumbdrive, laptop, etc.))	Applic Use Bus Prc (or)
Data Conversion (SAMPLE ONLY)	Convert client data from legacy software version to new software version	Diagnosis, treatment information, health condition information, drug information	Name, SSN, zip code, age, gender	Tape from client	Raleigh, Richmond	Allscripts mainframe, secure node, raw data, transform data on mainframe database	Applic use 1, aggreg report

2. Review the Business Process Identification and Risk Ranking spreadsheet with the key business contacts to determine high risk processes where ePHI is involved.
3. Create data flow maps to describe high risk business processes involving ePHI.



4. Identify and assess the security of applications that are managed by the client or the client is responsible for the security and maintenance of in support of identified business processes.



Application	# Of Systems	Operating System
Application 1	52	Advanced S
Application 2	52	Advanced S
Application 3	52	Advanced S
...	...	...
Application 34	104	Windows 20
Application 35	101	Windows 20
Application 36	198	Lotus Notes
<b>Total # Of Applications:</b>	<b>36</b>	<b>1235</b>

LOGO

**HIPAA Application Security Survey (Draft for Discussion)**

Company

Applicant #

Rev 3.00



# HIPAA privacy and security assessment

## Steps

Interviews and workshops with key personnel from business, clinical, and IT and functional areas are conducted:

1. Identify the privacy and security control gaps against the HIPAA Privacy Rule and Security Rule requirements (using NIST SP800-66) and HITECH requirements.

HIPAA Privacy and Security Assessment

2. Work with key client personnel to assess the risk, likelihood and impact of the identified gaps.

Detailed HIPAA Privacy and Security Control Gap Details

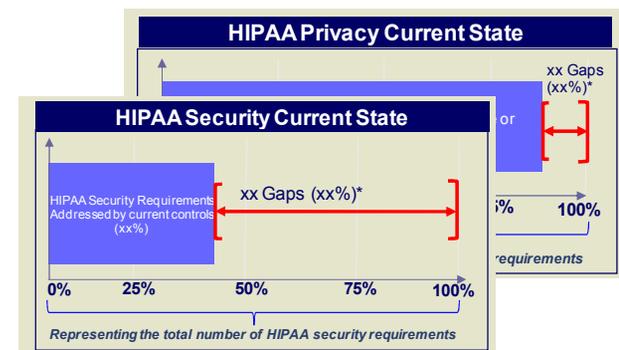
3. Assist client with briefing executive management on HIPAA Privacy and Security risks found during the assessment.

HIPAA Privacy and Security Control Gap Summary

## Tools/Accelerators

HIPAA Standard	NIST Key Activity Number	NIST SP 800-66 Key Activities	NIST SP 800-66 Key Activities Description
Implement policies and procedures to prevent, detect, contain, and correct security violations.	4.1.1	4.1.1 Identify Relevant Information Systems 4.1.2 Conduct Risk Assessment (Implementation Specification (Required))	NA
Conduct an accurate and thorough assessment of potential risks and vulnerabilities to the confidentiality, integrity, and availability of electronic protected health information held by the covered entity.	4.1.2	4.1.3 Implement a Risk Management Program (Implementation Specification (Required)) 4.1.4 Acquire IT Systems and Services 4.1.5 Create and Deploy Policies and Procedures	NA
Implement security measures sufficient to reduce risks and vulnerabilities to a reasonable and appropriate level to comply with § 164.306(a).	4.1.4	4.1.6 Develop and Implement a Sanction Policy (Implementation Specification (Required))	<ul style="list-style-type: none"> <li>Identify all information systems that house EPHI</li> <li>Include all hardware and software that are used to collect, store, process, or transmit EPHI</li> <li>Analyze business functions and verify ownership and control of information system elements as necessary</li> <li>Conduct an accurate and thorough assessment of the potential risks and vulnerabilities to the confidentiality, integrity, and availability of electronic protected health information held by the covered entity to a reasonable and appropriate level to comply with § 164.306(a)</li> </ul>
Apply appropriate sanctions against workforce members who fail to comply with the security policies and procedures of the covered entity.	4.1.4	4.1.7 Develop and Deploy the Information System Activity Review Process (Implementation Specification (Required)) 4.1.8 Develop Appropriate Standard Operating Procedures 4.1.9 Implement the Information System Activity Review and Audit Process	<ul style="list-style-type: none"> <li>Although the HIPAA Security Rule does not require purchasing any particular technology, additional hardware, software, or services may be needed to adequately protect information. Considerations for their selection should include the following: <ul style="list-style-type: none"> <li>Applicability of the IT solution to the intended environment</li> </ul> </li> <li>Apply appropriate sanctions against workforce members who fail to comply with the security policies and procedures of the covered entity</li> <li>Develop policies and procedures for imposing appropriate sanctions (e.g., suspension, termination, deaccession) with the implementation of the information system activity review process</li> </ul>
Implement procedures to regularly review records of information system activity, such as audit logs, access reports and security incident tracking reports.	4.1.4		<ul style="list-style-type: none"> <li>Implement procedures to regularly review records of information system activity, such as audit logs, access reports, and security incident tracking reports</li> <li>Determine the types of audit trail data and monitoring procedures that will be needed to derive exception reports</li> </ul>

Findings	Risk Ranking*	Responsibility	Related HIPAA Requirement
S1.1. The hosted solution does not provide the client with unique usernames and passwords. This may allow a different user to connect and view the previous user's session. This gap will be addressed beginning with the release of the new software version in April 2010.	Likelihood: HIGH Impact: MEDIUM	Business Unit 1	519 Password Management
S1.2. VPN connections that have been established between clients and the datacenter for the application do not have firewall access control restrictions for all TCP/IP ports. This configuration could allow client malware, viruses, or users to access the hosted systems. This gap will be addressed beginning with the release of the new software version in April 2010.	Likelihood: HIGH Impact: HIGH	Business Unit 2	514 Access Establishment & Modification
S1.3. Periodic user access reviews are not completed for all HIPAA systems and applications. There is not currently a security policy stating that one needs to be completed. Without periodic user access reviews, also critical control accuracy state that all application users have appropriate levels of access to EPHI data.	Likelihood: HIGH Impact: MEDIUM	Business Unit 3	58 Information System Activity Review
S1.4. A procedure for documenting functional roles (e.g., job descriptions) granting users' access to HIPAA applications and systems do not seem to be defined and documented (e.g., functional roles are not defined for linkusers' job functions to system or application access). Application access cannot be adequately supported without documentation of roles.	Likelihood: MEDIUM Impact: MEDIUM	Business Unit 4	58 Authorization &/or Supervision
S1.5. Client users within application are provisioned IDs associated with the same initial password. Each client database utilizes the same administrator ID and password, which has not been changed. Additionally, internal users do not require users to change the initial password. User passwords that are not forced to be changed after the initial login increases the likelihood that the account can be compromised over time.	Likelihood: MEDIUM Impact: MEDIUM	Business Unit 5	519 Password Management



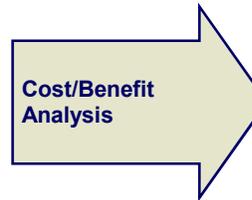


# Remediation plan development

## Steps

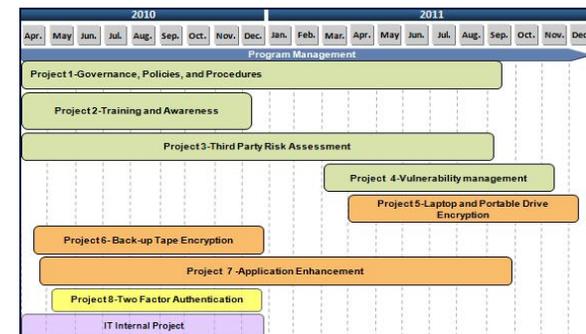
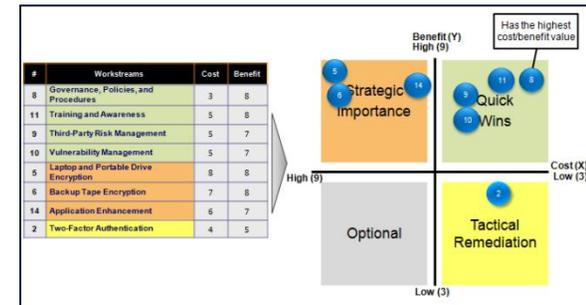
Identified gaps are aggregated into remediation projects:

- Aggregate the gaps into remediation projects in synergy with the responsible parties and with consideration of other projects that are occurring in the organization.
- Perform a cost/benefit analysis following a qualitative approach to help determine the first level prioritization of the remediation projects.
- Based on workshops with the key business contacts, determine the estimated duration, deliverables, resources and the dependencies of the remediation projects.
- Provide recommended priority and timelines of proposed projects.



## Tools/Accelerators

HPAA SECURITY WORKSTREAM				ESTIMATED DURATION	
1-Access Control				8 months	
PROJECT OBJECTIVE				Risks Addressed	
Define functional roles for users requiring access to systems and applications containing EPH; define and execute processes for annual access reviews. (a total of 7 gaps addressed)				2 HIGH 6 MEDIUM	
COST/BENEFIT ANALYSIS					
Overall Cost Factor: 8		Overall Benefit Factor: 7			
HPAA Privacy Projects	HPAA Gaps Addressed	Risk Priority	Status	Priority	System-2
PP1 - HPAA Privacy Policies and Procedures	- P6 - P5, P15, P17, P18, P23, P24, P25, P26 - P21, P1-2	- B - H, D	New project needed	None	None
PP2 - HPAA Training	- P6 - P21 - P11-2	- B - H - B	New project needed		
PP3 - Incoming Data Verification and Reduction (e.g. from carriers or clients)	- P11-1	- B	New project needed		
PP4 - Records Retention	- P2	- D	New project needed		
PP5 - Data Leakage Protection	- P4-2	- D	Addressed by the existing IT implementation; needs to acquire and implement the HPAA module. Additional funding may be needed.		
PP6 - "Clear Desk Clear Screen" Standard Implementation	- P4-1	- D	Addressed by the Clear Desk Clear Screen standard implementation.		
PP7 - HPAA Taskforce	- P1-1	- D	New project needed		



# Cost estimation and remediation assistance

## Steps

## Tools/Accelerators

Detailed cost estimation for the remediation workstreams is performed:

1. Perform a quantitative analysis for a realistic estimation of the remediation projects costs and an in-depth prioritization of the remediation projects.



COST SUMMARY	2008					2009					2010				
	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total
Internal Labor Expense	\$	\$	\$ 34,484	\$ 102,536	\$ 137,020	\$ 191,390	\$ 114,234	\$ 9,921	\$ 2,377	\$ 218,022	\$ 111,633	\$ 111,633	\$ 111,633	\$ 111,633	\$ 447,533
External Labor Expense	\$	\$	\$ 428,861	\$ 495,261	\$ 924,122	\$ 427,762	\$ 194,175	\$ 39,967	\$ 7,968	\$ 671,972	\$ 42,021	\$ 42,021	\$ 42,021	\$ 42,021	\$ 176,093
Other Expense	\$	\$	\$ 75,542	\$ 89,730	\$ 165,272	\$ 35,121	\$ 45,261	\$ 7,018	\$ 6,087	\$ 93,487	\$ 38,540	\$ 38,540	\$ 38,540	\$ 38,540	\$ 154,160
Capital Expense	\$	\$	\$ 1,152,000	\$	\$ 1,152,000	\$ 892,000	\$	\$	\$	\$ 892,000	\$	\$	\$	\$	\$ 892,000
Total Expense	\$	\$	\$ 1,793,887	\$ 687,527	\$ 2,481,414	\$ 1,686,263	\$ 354,670	\$ 53,896	\$ 46,532	\$ 2,144,348	\$ 252,194	\$ 252,194	\$ 252,194	\$ 252,194	\$ 1,007,577
Total Expense to Date	\$	\$	\$ 1,793,887	\$ 2,481,414	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301	\$ 4,975,301

2. Refinement of the remediation projects execution plan. Identify those remediation projects that are optional, should be executed or must be executed.



Year 1	Year 2	Year 3
Program Management		
Project 1 - Governance, Policies, and Procedures		
Project 2 - Training and Awareness		
Project 3 - Third Party Risk Assessment		
Project 4 - Vulnerability Management		
Project 5 - Laptop and Portable Drive Encryption		
Project 6 - Back-up Tape Encryption		
Project 7 - Application Enhancement		
Project 8 - Two Factor Authentication		
Security Project 9 - Physical Security		
Security Project 10 - Password Management		

Project	Year 1 Cost	Year 2 Cost
1	\$150k - \$250k	NA
2	\$1.5M - \$3M	\$500k - \$1.5M
3	\$700k - \$1.4M	\$300k - \$1.6M
4	NA	\$400k - \$600k
5	NA	\$200k - \$300k
6	\$400k - \$700k	NA
7	\$500k - \$1M	\$2M - \$4M
Total	\$3.3M - \$6.4M	\$3.3M - \$8M

3. Socialize the cost/benefit analysis and actual estimated cost with executive management.



Rank	HIPAA Security Projects and Related Security Control Gaps	Benefit			Total Cost	Outsourcing Cost	Consulting Cost	Priority
		Compliance Benefit	Reduce Breach Risk	Meet Client Expectations				
1	Security Project 1 - Governance, Policies and Procedures	H	H	H	150 - 250K	105 - 175K	45 - 75K	Existing Project
2	Security Project 2 - Training and Awareness	H	H	H	2 - 4.5M	1.2 - 2.7M	\$800k - 1.8M	MAYBE
3	Security Project 3 - Third Party Risk Assessment	H	H	H	1.5 - 3M	1.35 - 2.7M	150k - 300K	
4	Security Project 4 - Vulnerability Management	S	H	H	400 - 600K	200 - 300K	200 - 300K	
5	Security Project 5 - Laptop and Portable Drive Encryption	M	H	M	400 - 700K	240 - 420K	160 - 280K	
6	Security Project 6 - Back-up Tape Encryption	H	L	H	200 - 300K	100 - 150K	100 - 150K	SHOULD
7	Security Project 7 - Application Enhancement	M	H	H	2.5 - 5M+	2.25 - 4.5M+	250 - 500K	
8	Security Project 8 - Two Factor Authentication	M	M	L	TBD	TBD	TBD	
9	Security Project 9 - Physical Security	L	L	L	TBD	TBD	TBD	
10	Security Project 10 - Password Management	L	L	L	TBD	TBD	TBD	Preliminary Work Underway need business decision on scope
	TOTAL				7.2 - 14.4M	5.5 - 11M	1.7 - 3.4M	

# Audit considerations

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## Preparing for an HHS OCR HIPAA Security and Privacy Audit

- HIPAA Privacy Rule

- Are policies and procedures up-to-date?
- Have all policies and procedures been implemented?
- Do policies and procedures actually work?
- Have all appropriate stakeholders been adequately trained on the HIPAA Privacy Rule?
- Is evidence of training documented?
- Do you have a clear, written sanctions policy?
- Has sanctions policy been applied consistently?

See <http://www.hhs.gov/ocr/privacy/hipaa/enforcement/audit/index.htm> for official guidance from HHS OCR

# Audit considerations

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## Preparing for an HHS OCR HIPAA Security and Privacy Audit

- HIPAA Security Rule

- Not a checklist of controls approach
- Do you have a risk management framework in place?
- Can you provide evidence that the risk management framework is leveraged as a normal course of business?
- Can you trace the HIPAA Security Rule to your actual policies and procedures?

- Top areas of HHS OCR Auditor focus<sup>1</sup>:

- Reasonable audit of access logs
- Security incident detection/response
- Secure wireless network
- User-ids and passwords
- Encryption of mobile devices
- Up-to-date software (e.g. OS, anti-virus, etc..)
- Role-based access



## Case Studies

# Case Studies

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## Case Study



**Related Hot Topics**

# Networked Biomedical Devices: Security and Privacy Challenges

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## ▪ Risks and Challenges

Healthcare providers using “networked” medical devices that collect, store and process patient health data identified the following challenges:

### *Healthcare Provider Challenges*

#### **Inadequate Anti-Virus Management**

- Poor to no alert/notification process from vendors on security vulnerabilities impacting their products
- Vendors slow to respond with patches/fixes for worms/viruses that are discovered

#### **Inadequate Encryption**

- Most vendors are unable to encrypt patient health data that their products collect
- Even if an encryption solution exist, it might not meet FIP 140-2 encryption requirements

#### **Limited Security Restrictions**

- Products have very limited capability to address access privilege changes

#### **Limited Monitoring and Auditing**

- Products have very limited capability to record and time-stamp data adds/moves/deletes
- Audit logs are not easily importable into external security audit tools

#### **Ownership of Remediation**

- Healthcare providers believe that the medical device vendor is responsible for appropriately developing security controls in their products
- Vendors have not met all HIPAA security requirements

### *Risks*

❖ *ePHI breaches leading to:*

❖ *Penalties*

❖ *Regulatory investigations*

❖ *Brand issues*

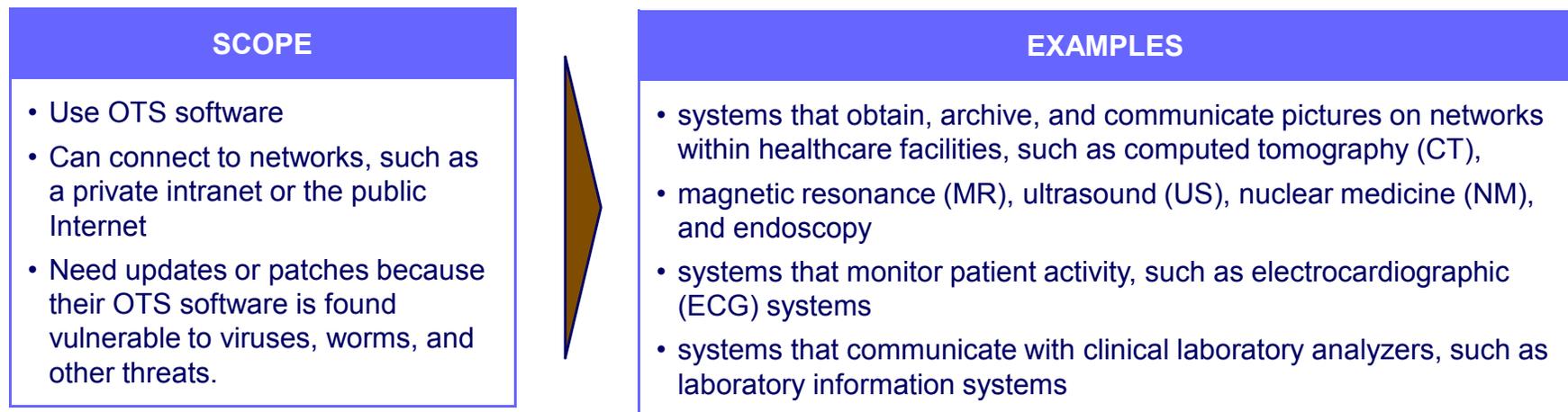
❖ *Patient Safety*

❖ *Non-compliance with regulatory requirements*

# Networked Biomedical Devices: Security and Privacy Challenges

- FDA “Guidance for Industry: Cyber Security for Networked Medical Devices containing Off the Shelf (OTS) Software”<sup>1</sup>

The Center for Devices and Radiological Health, FDA, has issued a guidance document for manufacturers.



Based on FDA’s CFR Part 820 Quality System Regulation and covers:

- *Safety and Effectiveness*
- *Data quality (detection and correction)*
- *Virus and malicious code detection*
- *Patch Management*
- *Data Protection*

<sup>1</sup> <http://www.fda.gov/MedicalDevices/DeviceRegulationandGuidance/GuidanceDocuments/ucm077812.htm>

# Customer Security and Privacy Challenges

## Industry Response

### HIMSS/NEMA Standard HN 1-2008 - Manufacturer Disclosure Statement for Medical Device Security



#### Goal:

- Manufacturer Disclosure Statement for Medical Device Security (MDS2 form)
- Intent to supply healthcare providers with important information to assist them in assessing the vulnerability and risks associated with protecting ePHI transmitted or maintained by medical devices.

#### Benefit:

- Allows manufacturers to quickly respond to a potentially large volume of information requests from providers regarding the security related features of the medical devices they manufacture
- Facilitates the providers' review of the large volume of security-related information supplied by the manufacturers.
- Supplies information important to providers who must comply with HIPAA privacy and security rules
- Outside the US, useful for providers wanting to address regional regulations such as EU 95/46 (Europe), Act on the Protection of Personal Information (Act No. 57 of 2003, Japan), and PIPEDA (Canada).

# Customer Security and Privacy Challenges

## Industry Response

### HITRUST Vendor Security Capabilities Checklist (SCC)

Goal:

- Provide a framework for the implementation of reasonable and appropriate security controls
- Relates to the HITRUST Common Security Framework (CSF)
- Establishes a list of security controls considered as the minimum set of security functionality needed for devices, systems and applications

Implementation:

- Responsibility of implementing the device's security capability is the responsibility of the acquiring organization
- Device manufacturers must ensure that their products can meet CSF requirements (where applicable)

External References/:

- HIPAA - Federal Register 45 CFR Part 164 Sections 308, 310, 312, 314 and 316
- Health Insurance Reform: Security Standards
- ISO/IEC 27799:2008

**HITRUST**  
Vendor Security Capabilities Checklist  
2009 - Version 6

**2 Instructions**  
2.1 Obtaining Info  
Any completed forms for Central.  
If a completed SCC form is entered by manufacturer and available on HITRUST Central compliance office for completion.  
Any additional information the SCC. This ensures the organization.  
2.2 Completing the

**HITRUST**  
This security capabilities checklist request is for use by [INSERT ORGANIZATION] as needed.

Organization Representative Contact Information	Name:	Title:	Department:
	Organization Name:	Telephone:	Email:

**Security Capabilities Checklist**

Vendor:	Model:	Version:	Release Date:
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Device, system or application supports the following functions:

Vendor Representative Contact Information	Name:	Title:	Department:
	Company Name:	Telephone:	Email:

ID	Ref	MDSP? Electronic Protected Health Information (EPHI) Maintained	Yes/No	Comment #
1.01	1	Does the device, system or application decrypt, process, store or transmit EPHI?	N/A	
	4.b	a. Generate		
	3.a / 3.b	b. Store		
	4.a / 4.c	c. Process		
	3.c / 4.d / 4.e / 4.f	d. Transmit		
1.02	2	Which EPHI data elements are maintained by the device, system or application?		
	2.a	a. Name		
	2.a	b. Address (all geographic subdivisions smaller than state, including street address, city, county, ZIP codes)		
	2.a	c. All elements (except year) of dates related to an individual (including birth date, admission date, discharge date, date of death and exact age (if over 89))		
	2.a	d. Telephone number(s)		
	2.a	e. FAX number(s)		
	2.a	f. E-mail address(es)		
	2.a	g. Social security number		
	2.b	h. Medical record number		

# Networked Biomedical Devices: Security and Privacy Challenges

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- Are networked biomedical devices considered part of the Certified EHR?
- Do networked biomedical devices fall within the scope of the HIPAA Security Rule? HIPAA Privacy Rule?

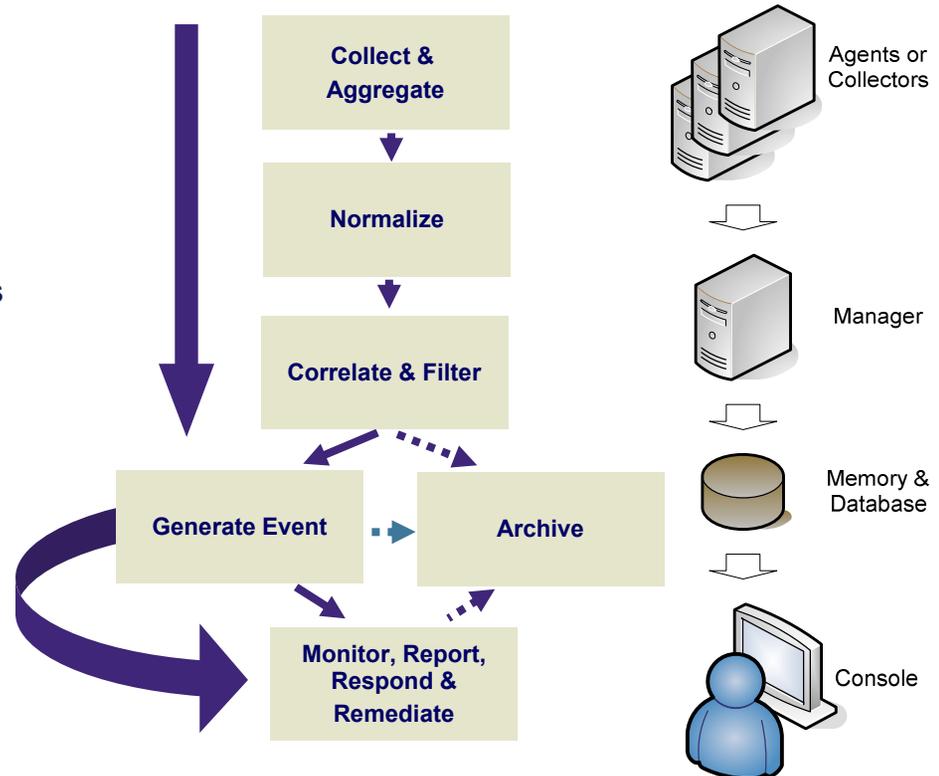
# **Health Information Exchange (HIE) and EHR security**

# HIPAA Privacy and Advanced Data Analytics

Compelled by the daunting task of sorting through millions of security logs and events generated by network and system devices, many organizations have adopted Security Information & Event Management (SIEM) solutions. SIEM solutions automate the process of looking through logs. They normalize and store event data, correlate it, help produce reports, issue alerts, and assist in forensic analysis.

## SIEM solution assists in

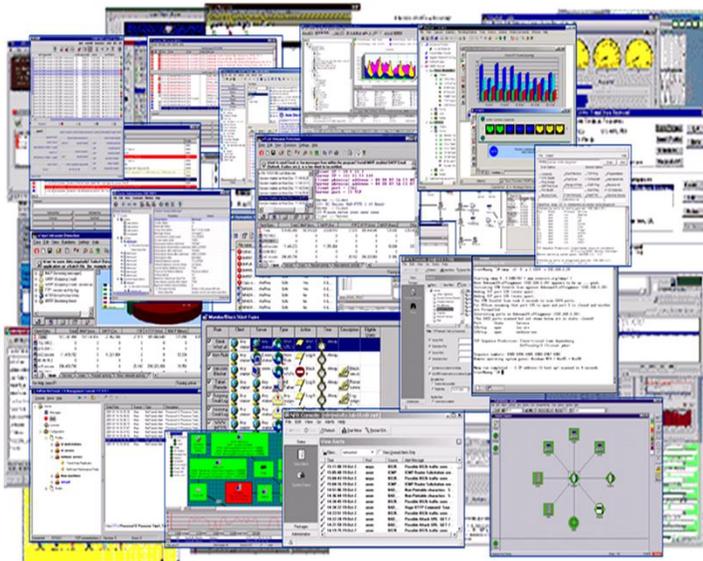
- Defining what a **Security Event** is...
  - Policy Violation → based on any enterprise-defined security policies (e.g., ISO, CoBIT, Internal policies)
  - Suspicious Activity → based on alarms & alerts by intrusion detection sensors as well as correlated data gathered from various systems (e.g., servers, routers, firewalls)
  - Vulnerability Identification → based on ongoing vulnerability assessments
- **Management** of these events through...
  - Centralized / Aggregated Logging Mechanisms
  - Correlation Engines & Tools
  - Event Response & Remediation
  - Reporting & Metrics



# HIPAA Privacy and Advanced Data Analytics

External and internal business drivers are demanding more transparency into system and application access activities. Effectively managing IT risk and compliance monitoring requirements by focusing on what matters most is the need of the hour.

## Challenges



Too much technology creates too much disparate security information.



## Business Drivers

### 1) Compliance and Reporting

Need for the ability to monitor and report access activities to key financial data and consumer personal information (e.g., PCI, HIPAA, SOX)

### 2) Incident Investigation

Need for the ability to collect and analyze security and correlate them to identify the root cause of an incident

### 3) Event Correlation

Need for the ability to collect and correlate event data, vulnerability data, and configuration data

### 4) Security Effectiveness

Need for the ability to analyze the effectiveness of the security and privacy safeguards. This includes consolidation of disparate event / incident monitoring capabilities to improve operational efficiency

A successful SIEM solution can improve the efficiency and effectiveness of company's logging, monitoring, and reporting capabilities, and thus help address the overall enterprise IT compliance & risk management objective.

## More Information

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For more information on Deloitte Security & Privacy Services visit:

<http://www.deloitte.com/us/securityandprivacysolutions>

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