

Risk and Opportunities in EMR Technology

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EMR In-Depth Seminar – Session 2



The Changing Healthcare Landscape

- ✚ **The U.S. spends 17.4% of GDP on healthcare, more than twice the average for developed countries**
- ✚ **80% of US doctors are still using paper health records**
- ✚ **195,000 annual deaths from preventable medical errors**
 - *7,000 of those deaths are tied to illegible handwriting alone*

Fundamental Goal: Save Lives

“...just wanted to let you know PF saved a patient’s life. I admitted through the emergency room a patient seen by one of my partners and needed to start a blood thinner. Had I not had her electronic info on Practice Fusion and seen that she had a history of a clotting disorder, I likely would have killed her. It was not found anywhere else.”



What Is EHR?



23 24 25 26 27 28 29
30 31 [This week](#)

Facility: San Francisco Health

Providers: filter

- Jack Jones, MD
- Christine Krout, MD
- Derek Ford, MD
- Derek Ward, MD
- Diane Lopez, MD
- Eric Ford, MD
- Garret Mord, MD
- Jacque Monterey, MD
- Jim Summers, MD
- Katy Kelly, MD

8 am **PT** Estella Ramos (Nursing Only)

9 am **PT** Earl Marie

10 am **PT** Jorge Acosta (New Patient Visit)

11 am **PT** Aaron Scribner (Urgent Visit)

12 pm **PT** Benjamin Akins (Nursing Only)

1 pm **PT** Benjamin Akins (Nursing Only)

PT Danny Sea

PT Shaun Nar

PT Eva Ross



practice fusion
Free, web-based Electronic Health Records

Home Schedule Charts e-Scripts Messages Labs Documents Reports Admin

Patients Unsigned Charts **Eric Ford** x

Patient **Eric Ford** age on DOS 24 yrs DOB: 2/6/1985
 Basic 01/08/2010 (no vitals entered)
 Insurance (no chief complaint entered)
 Settings displaying US customary units

SOAP Note [learn](#) **Charting shortcuts** for this visit

Note

Seen By: Ryan HowardPF, MD

VS Height: 58.0 in Weight: 140.0 lb BMI: 29.26 Blood Pressure: 120 / 80 mmHg Temp: 98.6 F Pulse: bpm Resp Rate: rpm

CC Depression, some headache

S General: No fever, chills, or weight change. Eyes: No blurred or double vision. Head: No headaches or migraines. GU: No kidney stones, urinary tract infections, or other urinary tract problems. Musculoskeletal: No joint or back pain or muscle problems. Neurologic: No weakness, no stroke, no seizures, no numbness or tingling.

O Ears: EAC's clear, TM's normal. Neck: Supple, no masses, no thyromegaly, no bruits. Throat: Clear, no exudates, no lesions. Eyes: PERRLA, EOM's full, conjunctivae clear, fundi grossly normal. Chest: Lungs clear, no rales, no rhonchi, no wheezes. Heart: RR, no murmurs, no rubs, no gallops. Abdomen: Soft, no tenderness, no masses, BS normal. GU: Normal, no lesions, no discharge, no hernias noted. Skin: Normal, no rashes, no lesions noted. Neuro: Physiological, no localizing findings.

A **DIAGNOSES:**
 Depressive disorder single episode [296.2]
 Tension headache [307.81]
 Migraine, unspecified, without mention of intractable migraine without mention of status migrainosus [346.90]

Events
 02/23/2011
 01/25/2011
 05/25/2010
 05/08/2010
 05/07/2010
 05/07/2010
 01/08/2010
 01/05/2010
 12/10/2009
 11/22/2009
 11/29/2004
 11/21/2004



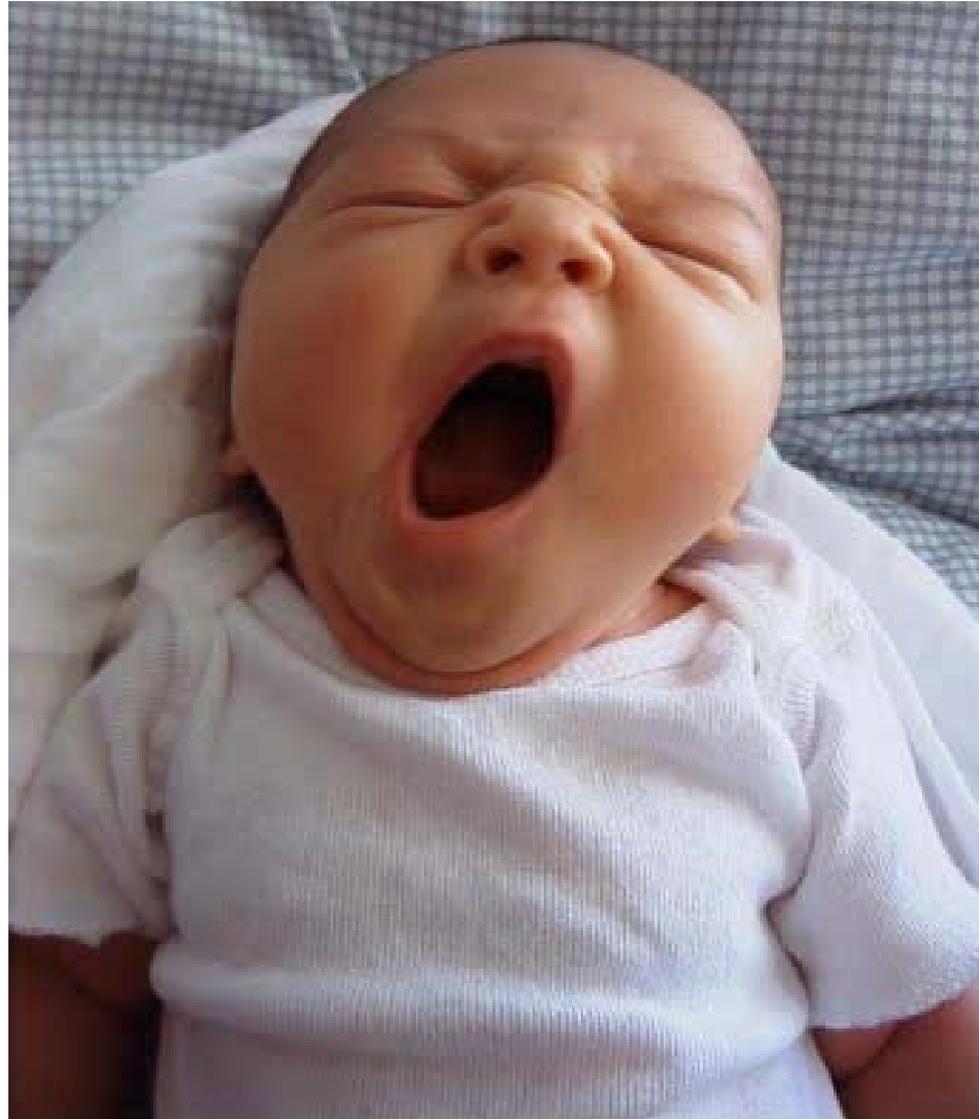
Key Requirements



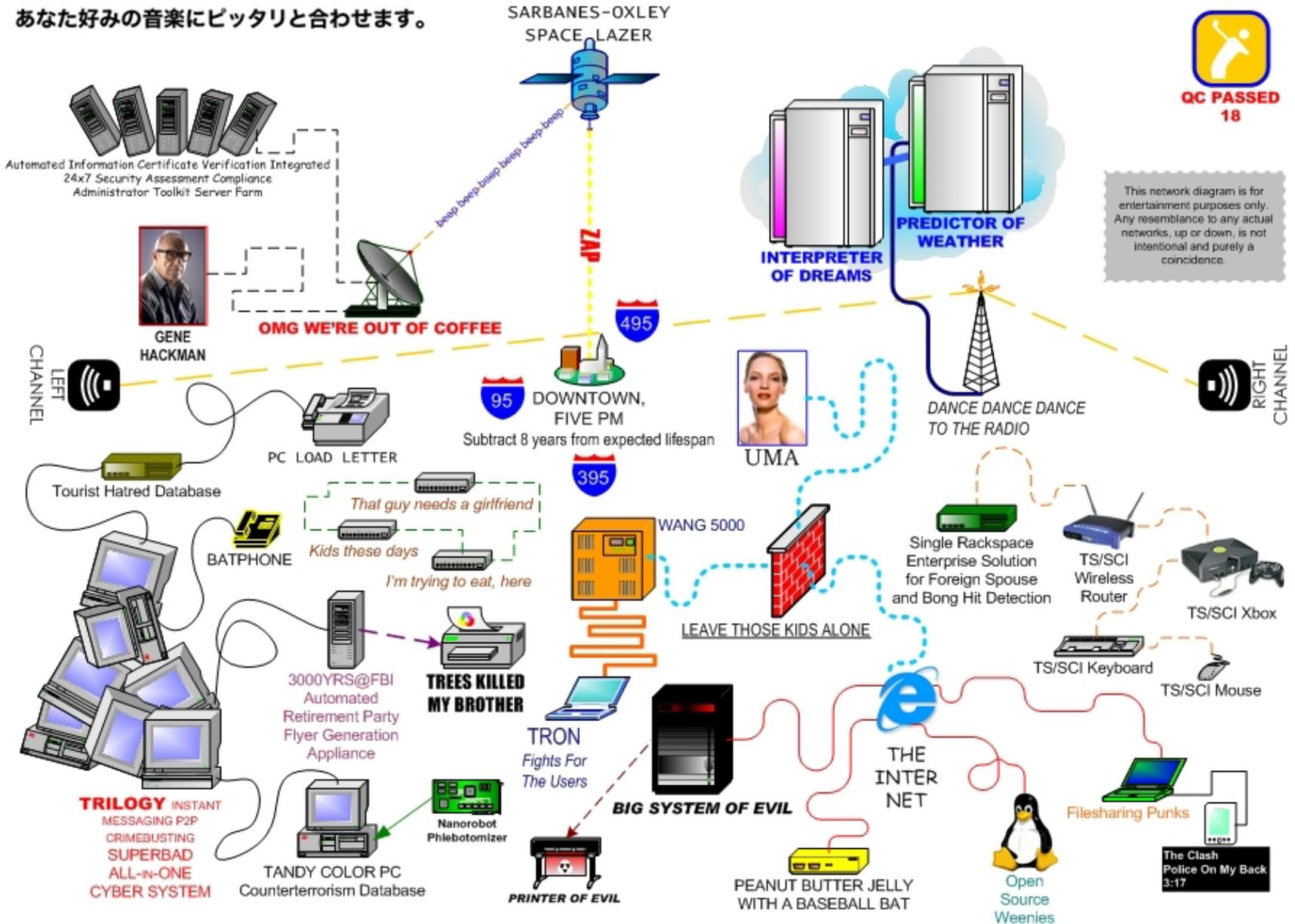
Security is Fundamental Requirement



Traditional EHR



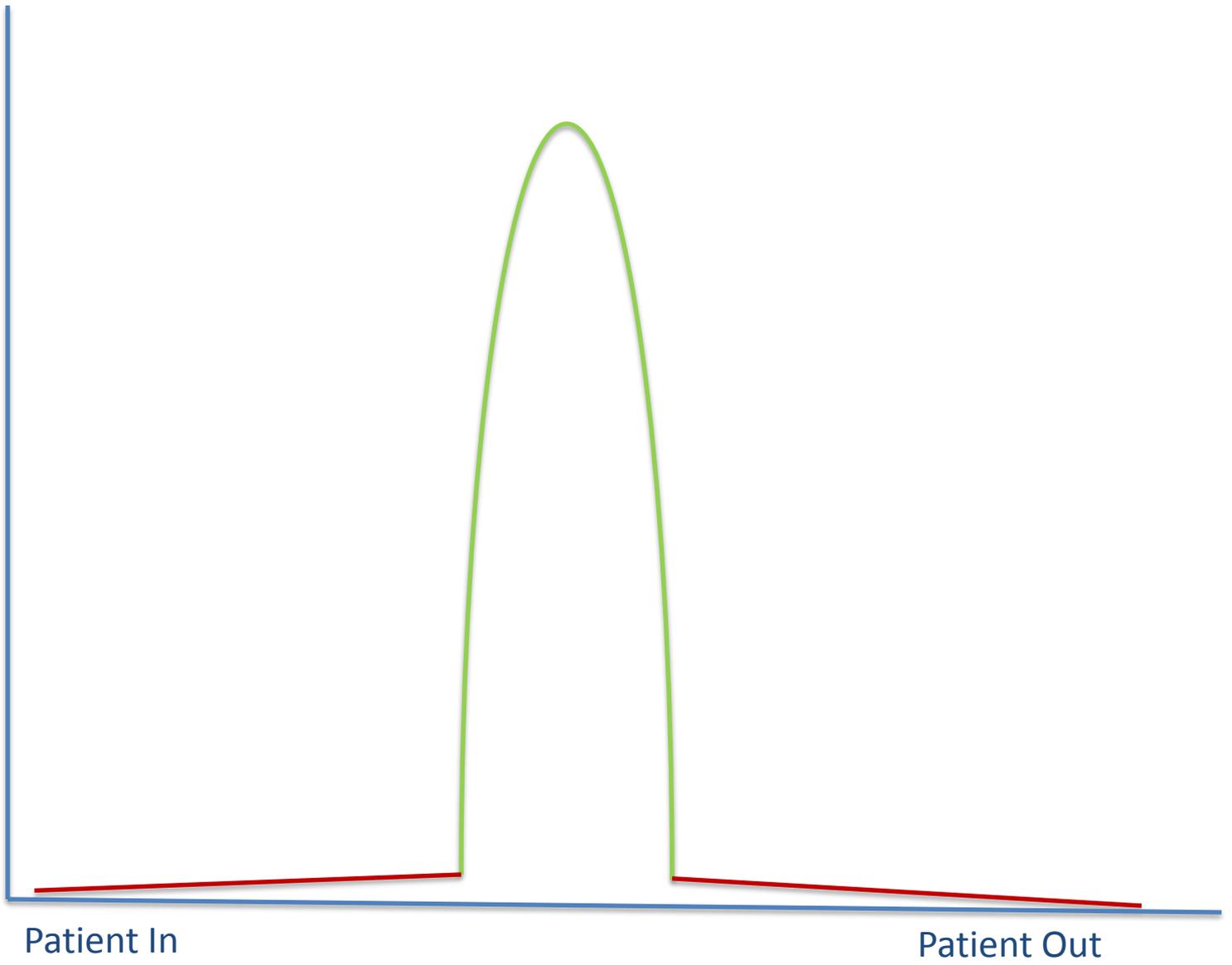
あなた好みの音楽にピッタリと合わせます。







Practice Makes Money



Rethink EHR



I SPENT MORE OF MY
CHILDHOOD PLAYING
VIDEO GAMES THAN I
SPENT DRAWING OR
WRITING OR ET CETERA.

FACT: GAMES = FUN.



DIABLO

BLIZZARD
ENTERTAINMENT

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Goal 1: We want it ~~Now~~ Yesterday



Goal 2: Open Anywhere for Anyone



Makes Security Interesting



Where Do We Start?



EHR Security 101



HITECH ACT
INFORMATION



HIPAA in a Slide

+ Holistic Attempt at Security

- Administrative
- Physical
- Technical

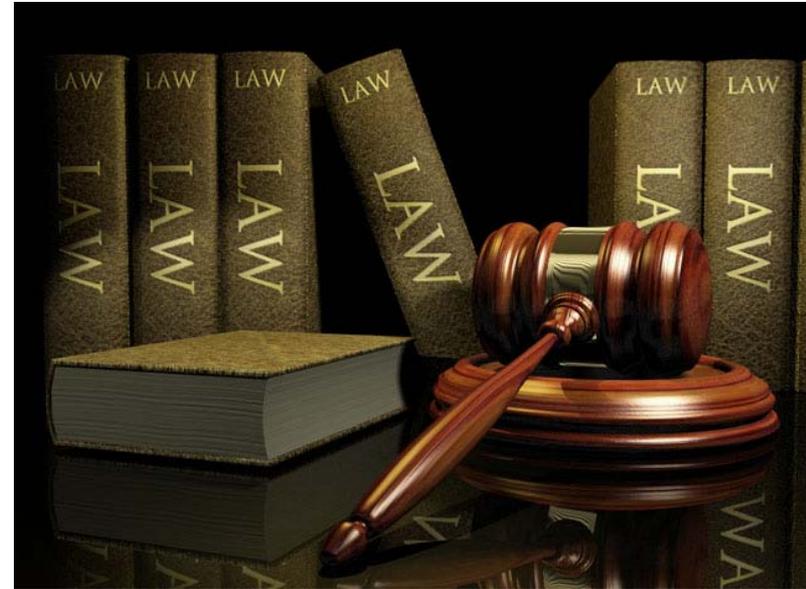
+ Documentation

- Policies, Procedures, Standards

+ Consistency

- Follow the documentation

+ Subject to Interpretation



HIPAA – Beyond Security Best Practices

- + **Training**
- + **Information Security Officer**
- + **Periodic Risk Assessments and Audits**
- + **Identify PHI and Define Boundaries**
- + **Data Retention Requirements**



HITECH in a Slide

+ Combination of Incentives and Penalties

+ Enforcement of HIPAA

- Mandatory Penalties up to \$1.5 million
- HHS required to conduct periodic audits

+ Notification of Breach

- Breach of > 500 patients will result in public disclosure

+ Right to PHI

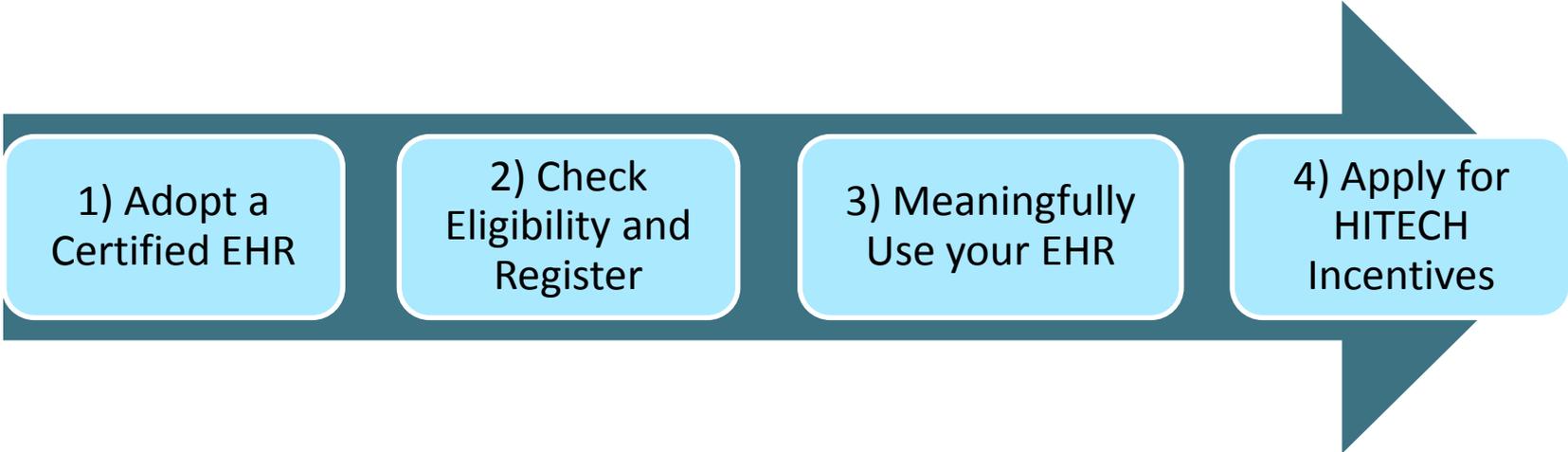
- Personal
- Delegated Authority

+ Business Associates

- Subject to HIPAA Security Rule
- Subject to civil and criminal penalties



How can I Qualify for HITECH Incentives?



1) Adopt a Certified EHR

2) Check Eligibility and Register

3) Meaningfully Use your EHR

4) Apply for HITECH Incentives

 **Core Requirement 15: Conduct Privacy and Risk Audit**

What's with the Cloud?



Yes – We are in the Cloud

- + We use private + public cloud
- + ain't perfect
- + ain't broken
- + Cloud FUD
- + Cloud does not provide or break
HIPAA compliance
 - They provide the tools
- + Cloud Security is getting better



Physical Security



- + Armed Guards
- + Surveillance Systems
- + Access Card/Biometric Authentication
- + 24/7/365 Monitoring
- + Redundant Utilities
- + Man Traps
- + Concrete Structures
- + Fire Detection and Flood Protection
- + List goes on..

Top 5 Breaches

Covered Entity	Individuals Affected	Year	Type
TRICARE Management Activity (TMA)	4,901,432	2011	Backup Tapes
HeaHealth Net, Inc.	1,900,000	2011	Lost Drives
New York City Health & Hospitals Corporation's North Bronx Healthcare Network	1,700,000	2010	Lost Drives
AvMed, Inc.	1,220,000	2009	Lost Laptop
The Nemours Foundation	1,055,489	2011	Lost Backup Tapes

* <http://www.hhs.gov/ocr/privacy/hipaa/administrative/breachnotificationrule/breachtool.html>



Yes – We do have the Standard Challenges

WHO



WHAT



WHERE



WHEN

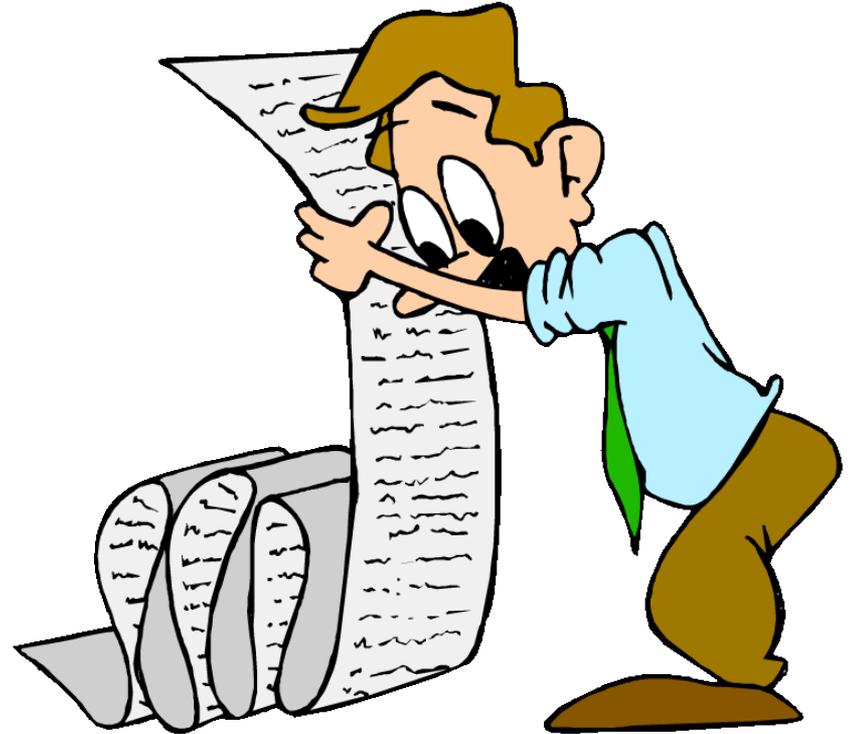


HOW

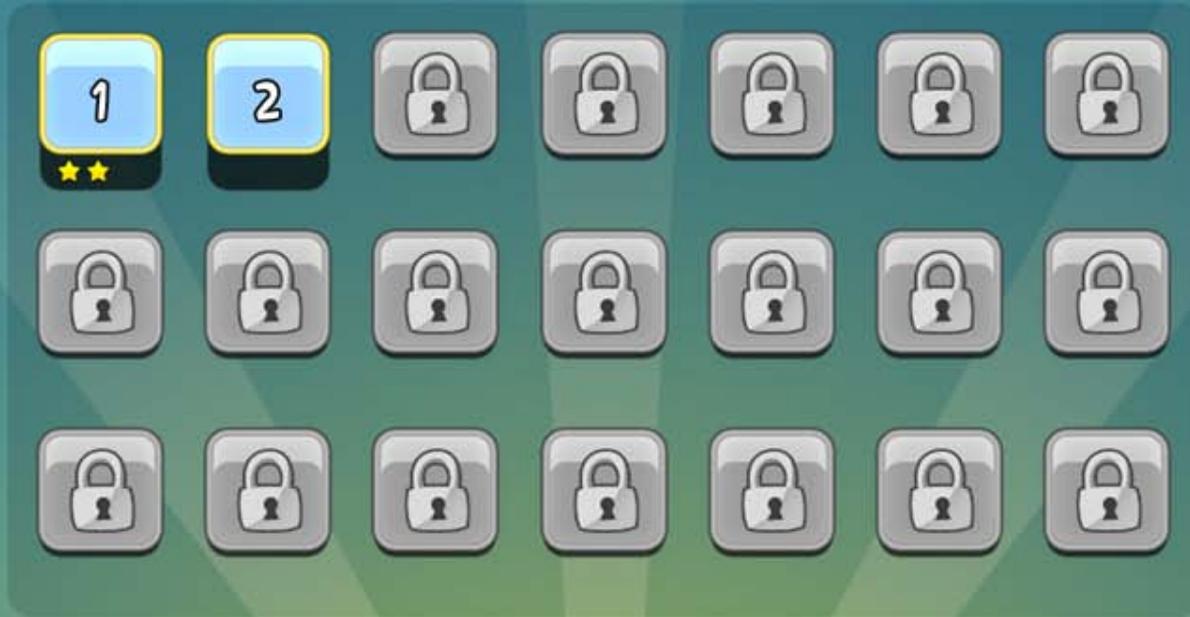


We do have the Standard Solutions

- + Background Checks ✓
- + Isolation of PHI ✓
- + Segregation of Roles ✓
- + Malware Detection ✓
- + Strong Cryptography ✓
- + Firewalls, IPS, VPN ✓
- + List goes on..



SELECT LEVEL



Identify to Proceed



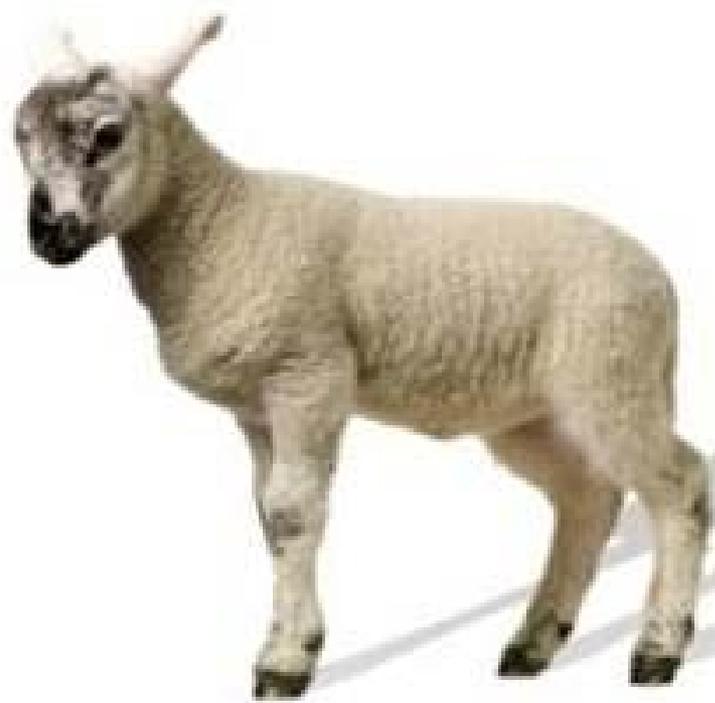




National
Provider
Identifier
1245294826

Signature





Authentication and Identification

+ Successful Authentication

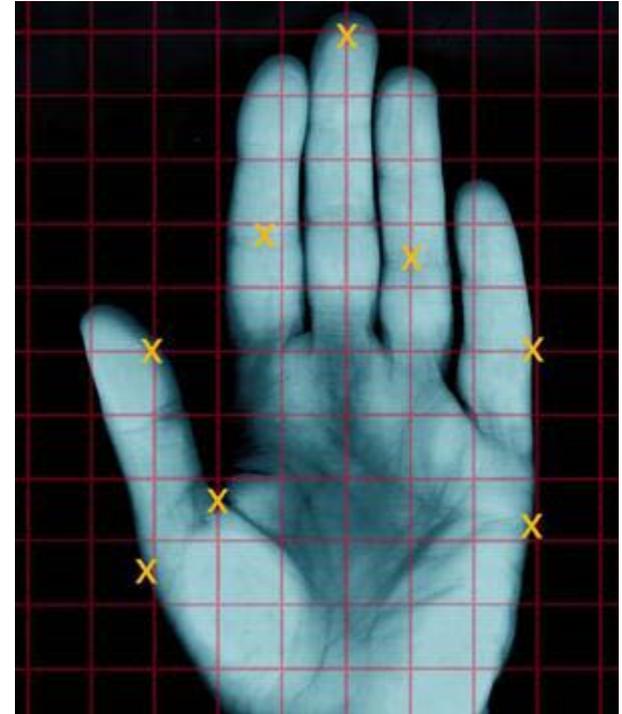
- Practice Identifier
- Username
- Password

+ Password Hashing

- SHA-512
- Random Salt

+ Account Lockout

+ Audit Logs



Cryptography

+ All EHR calls are encrypted (HTTPS)

- Support for strong ciphers (128 bit and above)
- Disable support for weak encryption

+ Passwords are hashed

- SHA-512
- Random Salt

+ Backups are encrypted

- No physical media

+ Laptops are protected using Full Disk Encryption

- Equipment will get stolen/lost



We Know Our Application Better

```
if (Authorize.IsUserAuthorized("Chart ", i_Session.UserID,  
Authorize.UserAccessEntity.Patient, IPatientID,))  
{  
    .....
```

.....

```
}  
else  
{  
    throw new BL_Exception(XXXX);  
}
```



This Code Path is Used ☹️

```
INFO PF.BusinessLogic.Utilities.Log - !! Error in the PracticeManagement web service
```

```
!! Method:
```

```
!! WS caller address: 4.171; name:
```

```
Base Exception message: Practice Fusion Application Server Exception
```

```
BL_Exception fields:
```

```
Error Number: 320
```

```
Category: Authorization
```

```
Display Message: User does not have rights to execute this call
```

```
Internal Message: Web Service call failed
```

```
Severity: 4
```

```
Message Type: OperationFailure
```

```
Description:
```

```
!! ExceptionMessage: Practice Fusion Application Server Exception
```

```
2012-08-03 INFO PF.BusinessLogic.Utilities.Log - Call Elapsed Time = 0.0936 s
```

```
2012-08-03 INFO PF.BusinessLogic.Utilities.Log - BL_VitalsStandard.
```

```
called: PracticeID=
```

```
PatientID=
```

Security is My Everyone's Responsibility



Starbucks Workforce

+ Workers cannot be confined any longer

+ BYOD

+ IT as Business Enabler



Think Beyond Boundaries

+ Goal : Any where anytime protection

- Device Verification
- User Verification
- Web Traffic Filtering
- Device Encryption

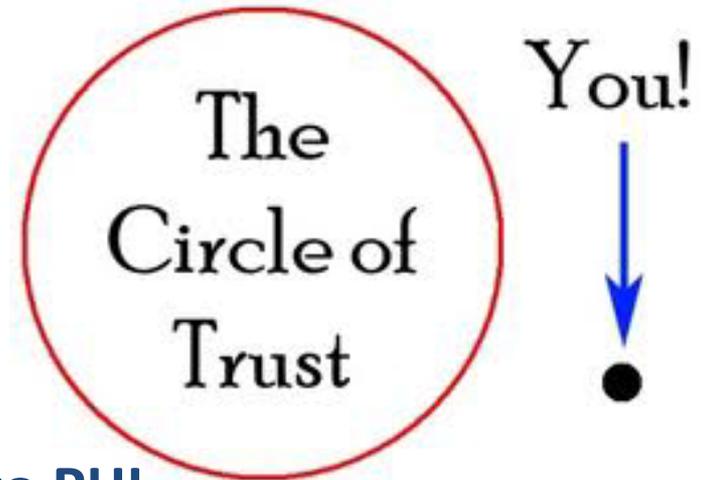


Reduce Risk



Isolate PHI and Business

- + Employees provides EMR
- + EMR uses PHI
- + Employees do NOT need access to PHI



Social Engineering

- + **Problem: Humans are nice**
- + **Strong verification processes**
 - Physical
 - Support
 - Application
- + **Awareness about Social Engine**
 - Enforcement of the process is the
- + **Never Reveal Passwords**



Clinical Research

+ Safe Harbor Rules

- De-Identify PHI
- 18 Identifiers (Name, Address, Dates, SSN ..)

+ We go above and beyond the safe harbor rules

- Remove records for individuals older than 80
- Remove records for individuals with rare conditions

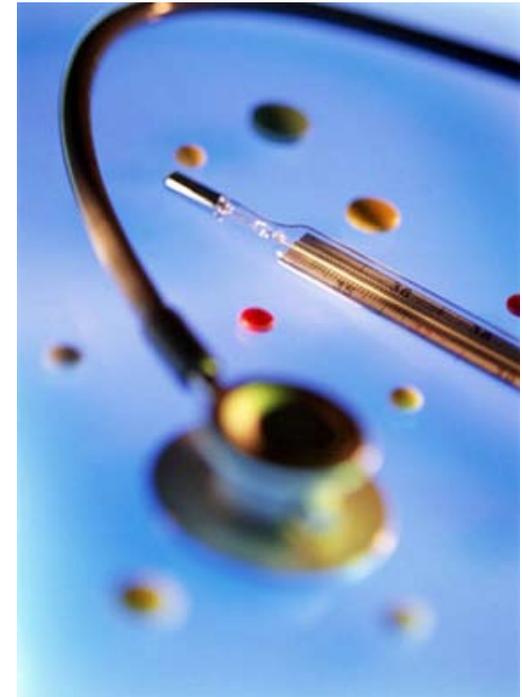


Patient Access to their Records

+ **Holy Grail: One Patient One Record**

+ **Several Challenges**

- Incomplete records
- Incorrect records
- Lack of Standards
- Lack of Policy



+ **Currently: Practitioner provisions a patient account**

+ **Meaningful Use Criteria?**

Privacy != Security

+ We need clear/consistent privacy rules

+ Lack of rules causing

- Too cautious approach
- Too risky approach
- Silos in the industry



+ Security know how exists to enforce the rules

What Keeps Me Up

+ Zero Days

- Underground marketplace for vulnerabilities

+ Targeted Attack

- Social Engineering + Zero Days



What will the Future Bring?



Goal 3: Healthcare Ecosystem

- + Online Referrals
- + Labs
- + eRx
- + Billing
- + Health Personalization
- + Healthcare Apps



Health Information Exchange

- + A few regional success stories
- + Trust/Participation is lacking
- + Little integration between HIEs
- + Do we want one size?



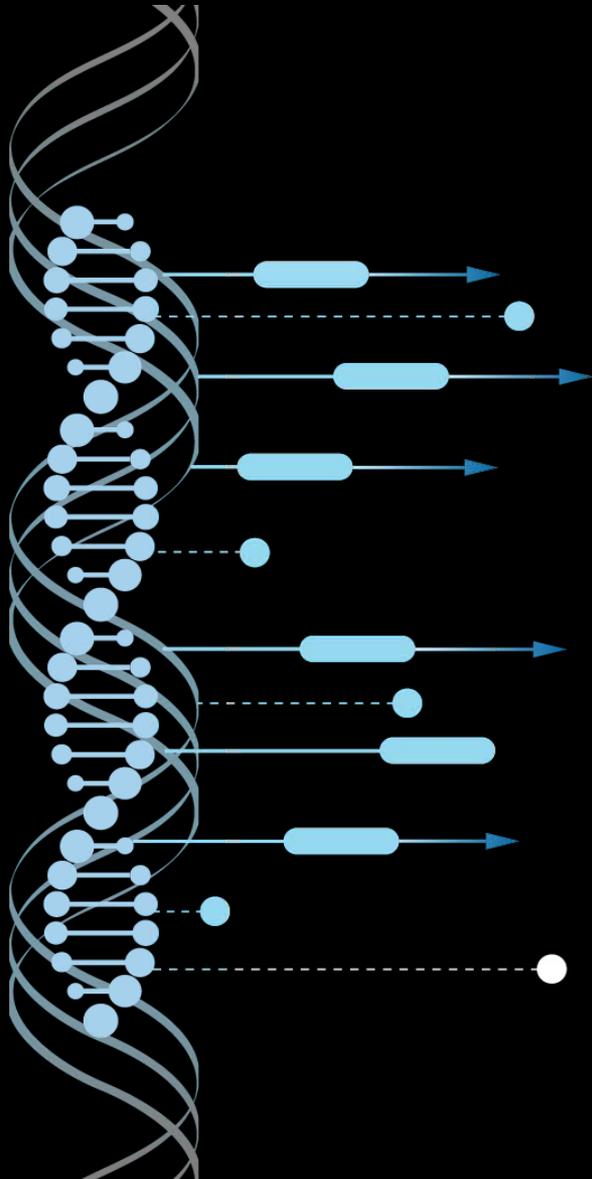
Comprehensive Health Care



Personalized Medicine

Pathway Genomics Genetic Information

eRx Portal



Patient:

 Sarah Smith 46 yrs DOB: 12/10/1964

Related Dx: 332.0 Parkinson's Disease

Search results:

-

Recommended medications:

-
-
-

Symmetrel:
Genetic markers (from Pathway Genomics) for this patient indicate Symmetrel may increase the risk of medication induced side effects such as hallucination, impulse control behaviors, and dyskinesias and is not recommended.



